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# Detlef K.H. Würth

The real truth about reincarnation



We all come back!



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This book is dedicated to my friend Pascal Ladwein and his wonderful family. If it weren't for you, I'd still be in India!

Thank you for your friendship

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## **Foreword**

It took me a long time to decide to actually publish this book. This was primarily because I was hesitant about working through this incredible amount of information, to impose some kind of structure on it. But it was also because I knew that the book is not in complete agreement with commonly held opinions and beliefs. I had never considered writing a book before and it was an experience with a woman who had a fatal illness that started me even thinking about it. From a purely therapeutic point of view, there was nothing more I could do to help her, so I wanted to encourage her a little by telling her the story that is now contained in this book. She found it so helpful that she asked if she could have what was said in each session in an audio file. Three weeks later, I was present when she died and, to this day, I can still remember her last words, "Write it down for other people. It was a great help to me, thank you." I couldn't ignore her last words, so I got to work. We have all asked, what happens to us after we die? Will we in some way continue to exist? Will we ever again see our loved ones who have passed on? What will death be like, when it comes? Will we be punished for the things we did in our life? Questions, in other words, that nobody can answer while they are still alive. This is exactly why people all over the world have religions, to provide guidance in the face of what is inescapably to come and to show us the right path. This book owes its existence to a huge, fantastic coincidence that, in a certain sense, can answer all these questions. Now you are probably thinking about what is written above, that anyone who can answer questions like these must already be dead! Now, dear reader, this is right from a certain point of view. Let me tell you about a woman,

who in a deep hypnotic state talked of past lives. She tells us about a deceased personality named "Katharina". The level of detail that she provided, the wealth of information and insight, is so unique that I can assure you that you have never experienced anything like it. Because of my duty of confidentiality, due to ethical considerations and for reasons of security, I have decided to call this woman "Ms B". I will also avoid going into too much detail about her life. This is also why I will only be presenting the things we need to know, to allow us a better understanding of what is said. Every session contained in the text of this book, and therefore practically everything Ms B said, was recorded as audio and is available, for a nominal charge, as a DVD from my email address at the end of the book. I am still in contact with Ms B and we both decided that this would be a good idea, because we thought that simple text just isn't able to capture the emotion of what happened, whether that be joy or sorrow. It is also important to mention that in the very early sessions I discovered a murder, which meant that the unconscious simply sought to protect Ms B by changing many names and addresses. I only realised this was happening much later, particularly during my research. For this reason, if you decide to listen to the audio CD, you'll hear two names. The murdered husband is referred to as Klaus as well as Bernd, and by the surname Burgard as well as Ziegler. For the book, I have taken the liberty of correcting the text so that only the correct name is used, to avoid confusion for the reader. The original idea was to include the DVD with the book to allow people to hear directly what was said. However, I'm very grateful to a friend who advised me not to do this. It would be a shame if such a valuable resource was suddenly on YouTube, despite copyright laws. A reasonable charge should at least help avoid this happening, and it should mean that the DVD will

only reach people who are genuinely interested. The amount of recorded audio has become so large over the years that it would have been simply impossible to include it all in this book. Many of the sessions were tests and experiments, and others were different previous lives lived by Ms B, which I am already working on in order to develop a better insight into death and rebirth. Many years of sweat, work and disappointment have gone into this book. This was not just because of the problems of research, but also the niggles in my back that kept forcing me to take breaks. I decided to add a chronological order to all the uncountable, unsorted things that were said. I did this to make it easier to get an overview of the dead personality. There was no real problem with the data, but often in the sessions I called Ms B by her real name or did confusing tests, which I couldn't easily include in the way I wanted. I decided to convert the audio into text, to make it easier to work with. I was aware this would be a mammoth project. I hadn't done any real research into the things she said either; that all started when I started work on the book, and my research isn't entirely complete even to this day. The reason for this is that my free time - like everything else in life - is limited. At the start I thought I'd be able to do quick and efficient research, but it didn't turn out to be quite so easy. Going to do investigation, especially on site, involved a huge outlay of time and money. Also, as things went on, it emerged that not even city archives had the information I needed anymore. And it didn't help that wherever I was doing my research, people eventually asked why I needed the answers to these questions. It wasn't always easy to answer these questions, especially when trying to protect my professional reputation as a therapist. I am an alternative practitioner and treat all kinds of illnesses and disorders with psychosomatic (mental to physical) causes, which