

Yoann MERITZA

Guaranteed Success

A person stands on a sandy beach, their back to the camera, looking out at the ocean. The sun is low on the horizon, creating a warm, golden glow over the water and sky. The person's shadow is cast long and dark on the sand in front of them.

*Take back control
of your destiny*

Dedicated to my parents:

*Constant Georges MERITZA
(1929-2011)*

*Josiane MERITZA
(1936-)*

*and the one who shares my life
my partner Sophie*

Special dedication:

***"The most worthy use of happiness is to use
it for the use of others."***

***(Marivaux "l'Ile de la raison"
1727, act III, scene 9)***



A FEW WORDS ABOUT THE AUTHOR

Yoann MERITZA is an essayist with a passion for personal development and human behavior.

Born on 28 March 1978 in Bonneville, Haute-Savoie, into a working family, he nevertheless benefited from schooling in private Catholic institutions, in particular in Sainte Bernadette and Saint Jean Bosco en Cluses, in his birth department.

His father, Constant Georges, who died on July 5, 2011 at the age of 81, a veteran of Indochina war, former member of the TOEGCI, a civilian truck driver, suffered from throat cancer in 1981, always fought and cultivated enthusiasm despite his disability, because he understood how precious life was and that life had to be lived intensely. He was a veteran both during the Indochina war, and fought for the rest of his life.

Yoann was immersed in this environment where you had to fight every day, always trying to move forward no matter what and trying new experiences.

He followed a normal schooling until 1993 before going to an apprenticeship school in Saint Jeoire where he discovered the trades of electrician, carpenter, bar turner and welder, which made him a "versatile worker".

In September 1995, a new turning point in his life, he followed a trajectory in the tertiary sector of accounting at the Lycée Professionnel Privé "les cordeliers" de Cluses, where he discovered office automation and administration,

and also learned information technologies for management, which he still uses today in his private life. But he missed his BEP by a few points.

Under the direction of his former accounting professor, he repeated his BEP in 1998, which he obtained.

From February 1999 to December of the same year, he performed his national service in Auxonne in Burgundy in the 511th Regiment of the train, then in the 27th BCA in Cran-Gevrier in Haute-Savoie.

After leaving the army, he decided to try his baccalaureate in accounting as a free candidate, worked for months in all subjects, became his "own teacher", even today, self-taught to the core, he knew how to "train himself", graduated, but decided not to stop, feeling like wings growing behind him, worked in the industry to finance his studies by correspondence in accountancy, which was "a big part" for him, every night taking his classes, but the results were scarce for him.

He undertook to resume his studies in recurrent session in 2001, make request of the training centers and the "Information and Orientation Center" (CIO), where he was followed by a counselor who helped him fill in the forms necessary for his reintegration into the professional cycle.

In September 2001, he studied at the Lycée Guillaume Fichet, he was then 23 years old, four of which separated him from the other students younger people, a slight generational shock which he managed to compensate, he adapted very well to this environment, and in June 2003 he obtained his professional laureate in accounting.

He tried hard to pass his BTS, because at 25 he was too old for employers when it came to immersing himself in a

professional environment in two years. He suffered defeats, but always returned to the stage. He participated in some seminars for major car brands, especially in Valence, in the Drôme department.

In 2004, he took a golden opportunity and followed a training as a PME/PMI collaborator at the Chamber of Commerce and Industry at Scionzier in Haute-Savoie, where he discovered NLP (Neurolinguistic Programming) where he learned the tools to shape the subconscious mind and to manage human nature.

Since 2007 until now, he has been interested in the topics of personal development, subconscious control and has read many books on topics of psychology and behavior, he has also attended coaching seminars. He still follows the personal development coaches quite regularly.

He is also a member of the National Union of Combatants (UNC-Alpes), and the 27th BCA.

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FOREWORD

***"Everyone knew it was impossible to do.
Then one day someone came who didn't
know, and he did.
(Winston Churchill)***

Hello everyone, you who are reading these lines,

The purpose of this book is to provide you with all the help you need to improve your daily life that will lead you, if you really want to, to success . It will fill in the gaps in your mind regarding the field of attraction.

For to be honest from the beginning, you will have many tools that I will provide you through the pages, but you will have to involve yourself personally. I'm not a magician or a dream salesman, I'm just highlighting what's already in you, that is, your ability to be better and move forward. If you want to give me a role, it will be like guide.

From very early in my life, I became interested in personal development, starting with a book by Norman Vincent Peal "the power of positive thinking", I was so fascinated that I read another, then another, and so on, I didn't even think of writing my own book one day, feeling unable to do so, but finally, and thanks to "my coaches" (alive or dead), and the "secret" (I'll come back to it), I had the courage and the strength to act.

I've gone through the whole question several times, it was exactly like you a short time ago, and I said to myself, "if my strategy doesn't work, you have to try another one", the

problem, I was turning it upside down, and there are very few books that try in depth to be able to probe your own mind, because in my knowledge, the subject is vast.

It took me a lot of informations and reading before to publish this book, authors in personal development such as Max Piccinini, Mickaël Losier, Franck Nicolas, Napoléon Hill (as I affectionately call him my thought master), Florence Shoven Shyn, Emile Coué and Norman Vincent Peal. They are all what I consider friends from the heart, I owe them a lot, they have all helped me to open the way to the best of myself, and as they have done, I am transmitting knowledge to you in the field, I will help them answer the questions that are asked on the subject. Why doesn't it work like we would?

What is it that's blocking inside you?

All writers in the field of constructive thinking, as they are, are right, there are reasons why nothing works the way you would like and it comes from yourself.

If some people do the best they can and nothing succeeds, it is because, unconsciously, they have not done things the way they should. The essential was missing.

In this book, I will reveal something fabulous that can change your life forever, a power we all have, to overcome social barriers, to be a better version of yourself, what I very precisely call "The Secret".

The day I discovered "The Secret" was a revelation to me, my life took a big step forward, in what circumstances did I discover it? To explain it all, it was on New Year's Eve 2017, at the Chamonix Casino, a well-dressed old lady of well-to-do appearance, the "chic touch" as I might call it, told me a fabulous story, the one that made her triumph.

After the twelve midnight hits, we were talking about things and others, with a glass of champagne at the hand. The guests began to go home, the big room upstairs was emptying, there were only a few people left, including me, my current partner and this unknown woman.

We talked about our lives, about our trip in turn, and then she felt a little more confident, I remember she grabbed my arm and said "it's time to change direction, young man! "talking about my professional life.

She took out a kind of notebook with a pen and wrote something on it, then tore up a piece of paper with his notes. She folded it into four and gave it to me, saying, "When the day comes, you'll need it," then I put it in my jacket pocket.

I have kept these notes that contain "The Secret" as a precious good, what was noted above will impact you and will be revealed to you through the pages, because there are steps to follow, this power is very powerful, it is in each one of us, he can to built as it can to destroy according to how we use it, it requires a certain state of mind at a given time, do not worry, I will show you how to use it.

The following year, I did not see it again, but these words of our conversation were engraved in my mind, "the positive attracts the positive". ». Remember of this you too!

Many people spend their lives ignoring that power, that of attractiveness, to get everything we want in our lives, to be recognized, rich in knowledge, to be able to afford a vacation, to go wherever we want. When I discovered this, everything seemed clearer in my mind, I was on the wrong track. Imagine you have this in your hands, this secret formula.

Many people go through life without trying the experience, they come to the end of their lives to say to themselves "if I had known! "Do you want to live with remorse, or change radically? Of course? I propose the definitive solution, the one that no one who knows it will tell you, because it is really very powerful, "but" (because there is a "but") this power has a darker side, it is the most terrifying aspect, and I will avoid this trap for you. All the "Secret" will be to you revealed. But it works, I can guarantee it works!

As mentioned earlier, this book is not a magic book, but it has the power to make your subconscious react, which can turn your dreams into reality. There is a fabulous power, the power to control your thoughts and make them come true, have a big house, have a nice car, get a good job, and everything you dream of, everything is within your reach here and now in these pages.

We can attract to ourselves everything we want, according to the law of attraction. Attention! There are conditions for this to act on you, materialization does not work if your thoughts are accompanied by a feeling of absolute necessity, it is essential to think that everything is already within your reach, it requires constant concentration and hide the brakes of your desires, forget your ego.

The chapters have been designed in a well-defined order, as they include steps for progress. If you are not a regular reader, or if you have very little time to devote, I recommend that you use a marker. You can read one chapter at a time, or about twenty pages, it's up to you.

I will go deeper, try to get to the source of yourself, exploit your abilities and finally break this shell, cut the Gordian knot of your existence. You explain how someone who is obviously not involved in anything suddenly made a new

beginning. Like you, my life has been a succession of trials and failures, I will show you that with infallible will and determination, we can accomplish anything.

As you read, you will develop a taste for it, you will become a knowledge junkie, and you will know a little more than the day before. Through simple techniques, I will teach you how to become an improved version of yourself.

Don't rush the steps! Start this book in silence from the beginning, it is useless to go on to the following chapters without understanding the substance of the previous ones, it would be like watching a video in the last few minutes without understanding the substance of the story, or why it started.

The methods in this book work, and besides, they are free (well almost), I don't sell you the dream but I only take out what you have in you by the power of your thoughts, they can build like they can destroy your life, depending on how you use that power.

You will find, within this book:

- *Theoretical analysis*, summarizing in detail the transmission of the knowledge received in the field. The secret will be revealed to you gradually.
- *Practical tips*, to have the right habits to develop, to gain more self-confidence and to unleash the phenomenon of attraction in you.
- *Anecdotes*, wanting to share a little of my background and forge a bond between you and me, from confidant to confidant, and known and unknown personalities.

I will teach you to "do" and "believe," and to decipher the origins of your mistaken beliefs, which you have been taught. Break the cement that has been placed around you that prevents you from moving and advancing. Do you want the best of yourself? This should involve, first of all, a personal analysis, approaching the circumstances that describe why you are here, in this situation.

Together with you, I will develop along the pages a program to replace negative thinking and transform it into positive thinking. I invite you to apply, immediately after reading, the methods I propose in this book.

Don't be the victim of your life anymore, act now and believe in yourself! Value does not wait for the number of years, it is never too late. Control yourself by controlling your destiny. It is not by turning towards the end of your life that you will say "if I had known! »

Success is not a question of social environment, let alone luck (at least, the interpretation we make of it). Anyone who can afford it can do it, if they really believe in it.

I wish you all a good read, which I sincerely hope will become the gateway to your success.

Greetings;
Yoann MERITZA

INTRODUCTION

***"Life is like a box of chocolates: you never know what you're going to find. »
(Tom Hanks / Forest Gump)***

Our world is made up of almost 7,000 million people as I write these lines, because it is still a variable fact, a ceaseless tingling of men and women, there are births and deaths, a multitude of emotions generated every second, and somewhere in the midst of all this confusion, there is one person in particular, eyes open in this environment and full of emotions, this being who lives in the middle of this mess, you are the one who has my book in your hands, anxious to change the horizon of your life.

Why doesn't the law of attraction work for you? The question remains open to you despite all the efforts made to reach it. You have made desperate attempts, but nothing is happening.

Does it really work?

Yes, I clearly answer yes, but perhaps you are one of those who has already tried everything, all the existing methods on the subject, you have read books on personal development.

After following all the advice, nothing comes to you, it means that the problem comes from somewhere else, from the interpretation that is made of this power, from the negligence of seeing differently.