

Layout: Baseline Co Ltd 61A-63A Vo Van Tan Street 4<sup>th</sup> floor District 3, Ho Chi Minh City Vietnam

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We would like to extend special thanks to the International Shoe Museum, Romans, France, the Bally Museum, Schönenwerd, Switzerland, Ledermuseum, Offenbach, Germany and the Ferragamo Museum, Florence, Italy

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ISBN: 978-1-78160-948-4

## Foreword

"You never truly know someone until you have walked a mile in his shoes."

— Anonymous

## **Table of contents**

**Foreword Contents** Shoe designers: André Perugia Salvatore Ferragamo Andrea Pfister **Pietro Yantorny Roger Vivier** Julienne Sarkis Der Balian **Raymond Massaro** François Villon Robert Clergerie Alessandro Berluti John Lobb Patrick Cox **GLOSSARY** Index



Seducta shoe, 1954

International Shoe Museum, Romans

## Contents

**Boots Boots Bottines Bottines Bottines Bottines Bottines Bottines Chopine** <u>Clogs</u> <u>Clogs</u> <u>Clogs</u> <u>Clogs</u> **Famous Famous Famous Famous Famous** 

**Famous Famous Famous Famous Famous Famous Famous** Famous **Famous** Famous **Famous Famous Famous** Famous Famous **Famous Famous Famous Famous Famous** Famous Famous **Famous Famous** Famous **Famous Famous Famous Famous Famous Famous** Famous **Famous Famous**  Sarah Navarro Robert Clergerie Stephane Kalian

Raymond Massaro Joseph Tchilinguisian

Patrick Cox

Sarkis Der Balian

Camille Di Mauro

Seducta

Roger Vivier

Charles Yantorny

Francois Villon

Charles Jourdan

Alfred Argence

Andrea Pfister

Hellstern

Salvatore Ferrazamo

Joseph Fenestrier Julienne

Berluti

**Famous** Famous **Famous Famous Famous Famous Famous Famous** Famous **Famous Famous Famous Famous Famous** Famous **Historical** Historical Historical Historical Historical Historical **Historical Historical Historical** Historical **Historical Historical** Historical **Historical Historical** Historical **Historical** Historical **Historical** 

**Historical Historical Historical** Mocassins Mules **Mules Mules Mules Mules Mules Mules Poulaine Poulaine** Pumps **Pumps** 

## Pumps

**Pumps** Pumps **Pumps** Pumps Pumps Pumps Pumps **Pumps** Pumps Pumps **Pumps** <u>Sandals</u> **Sandals Sandals Slippers Slippers Slippers** <u>Wedding</u> <u>Wedding</u> Wedding **Wedding** 



Aside from noticing a shoe for its comfort or elegance, contemporaries rarely take interest in this necessary object of daily life. However, the shoe is considerable in the history of civilization and art.

In losing contact with nature, we have lost sight of the shoe's profound significance. In recapturing this contact, in particular through sports, we begin its rediscovery.





Wooden sandal inlayed with gold, treasure of Tutankhamen

> 18th Dynasty Thebes Cairo Museum, Cairo







Shoes for skiing, hiking, hunting, football, tennis or horse-riding are carefully chosen, indispensable tools as well as revealing signs of occupation or taste.

In previous centuries, when people depended more on the climate, vegetation and condition of the soil, while most jobs involved physical labor, the shoe held an importance for everyone which today it holds for very few.



Egyptian sandal made of plant fibers

Bally Museum, Schönenwerd, Switzerland





We do not wear the same shoes in snow as in the tropics, in the forest as in the steppe, in the swamps as in the mountains or when working, hunting or fishing. For this reason, shoes give precious indications of habitats and modes of life. In strongly hierarchical societies, organized by castes or orders, clothing was determinant.





Sandals

Found in the fortress of Massada







Princesses, bourgeoisie, soldiers, clergy and servants were differentiated by what they wore. The shoe revealed, less spectacularly than the hat, but in a more demanding way, the respective brilliance of civilizations, unveiling the social classes and the subtlety of the race; a sign of recognition, just as the ring slips only on to the most slender finger, the "glass slipper" will not fit but the most delicate of beauties.



Iron shoe

Syria, 800 BC Bally Museum, Schönenwerd, Switzerland







The shoe transmits its message to us by the customs which impose and condition it. It teaches us of the deformations that were forced on the feet of Chinese women and shows us how in India. by conserving the unusual boots, the nomadic horsemen of the North attained their sovereignty over the Indian continent: we learn that ice-skates evoke the while babouches Hammans suggest the Islamic interdiction to enter holy places with covered feet.



Silver sandal

Byzantine period Bally Museum, Schönenwerd, Switzerland







Sometimes the shoe is symbolic, evoked in ritual or tied to a crucial moment of existence. One tells of the purpose high-heels served: to make the woman taller on her wedding night in order to remind her that it is the only moment when she will dominate her husband.

The boots of the Shaman were decorated with animal skins and bones in order to emulate the stag; as the stag, he could run in the world of spirits.



Man's slipper

Vamp decorated with motifs gilded with gold leaf Egypt, Coptic era International Shoe Museum, Romans





We are what we wear, so if to ascend to a higher life it is necessary to ornate the head, if it becomes an issue of ease of movement, it is the feet that are suited for adornment. Athena had shoes of gold, for Hermes, it was heels. Perseus, in search of flight, went to the nymphs to find winged sandals.





Liturgical shoe of plain embroidered samite

Spain, 12th century Silk and gold thread Textile Museum, Lyon