Geoffrey Chaucer

The Book of the Duchess

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TABLE OF CONTENTS

<u>Cover</u> <u>Titlepage</u> <u>Text</u>

THE PROEM

Table of Contents

1	I have gret wonder, be this lighte,
2	How that I live, for day ne nighte
3	I may nat slepe wel nigh noght,
4	I have so many an ydel thoght
5	Purely for defaute of slepe
6	That, by my trouthe, I take no kepe
7	Of no-thing, how hit cometh or goth,
8	Ne me nis no-thing leef nor loth.
9	Al is y-liche good to me
10	Ioye or sorowe, wherso hyt be
11	For I have feling in no-thinge,
12	But, as it were, a mased thing,
13	Alway in point to falle a-doun;
14	For sorwful imaginacioun
15	Is alway hoolly in my minde.
16	And wel ye wite, agaynes kynde
17	Hit were to liven in this wyse;

- 18 For nature wolde nat suffyse
- 19 To noon erthely creature
- 20 Not longe tyme to endure
- 21 Withoute slepe, and been in sorwe;
- 22 And I ne may, ne night ne morwe,
- 23 Slepe; and thus melancolye
- And dreed I have for to dye,
- 25 Defaute of slepe and hevinesse
- 26 Hath sleyn my spirit of quiknesse,
- 27 That I have lost al lustihede.
- 28 Suche fantasies ben in myn hede
- 29 So I not what is best to do.
- 30 But men myght axe me, why soo
- 31 I may not slepe, and what me is?
- 32 But natheles, who aske this
- 33 Leseth his asking trewely.
- 34 My-selven can not telle why
- 35 The sooth; but trewely, as I gesse,
- 36 I holde hit be a siknesse
- 37 That I have suffred this eight yere,

- 38 And yet my bote is never the nere;
- 39 For ther is phisicien but oon,
- 40 That may me hele; but that is doon.
- 41 Passe we over until eft;
- 42 That wil not be, moot nede be left;
- 43 Our first matere is good to kepe.
- 44 So whan I saw I might not slepe,
- 45 Til now late, this other night,
- 46 Upon my bedde I sat upright
- 47 And bad oon reche me a book,
- 48 A romaunce, and he hit me took
- 49 To rede and dryve the night away;
- 50 For me thoghte it better play
- 51 Then playen either at chesse or tables.
- 52 And in this boke were writen fables
- 53 That clerkes hadde, in olde tyme,
- 54 And other poets, put in ryme
- 55 To rede, and for to be in minde
- 56 Whyl men loved the lawe of kinde.