

ZENSHO W. KOPP

# The power of inner quietude



In the depths of the heart, in our innermost self, there shines a brilliant light that lights up the whole universe like an eternal flame.

The eternally radiating light of the One Mind is our original, true self. It is completely independent of the various ways in which things appear in the realm of space and time and their myriad forms of existence.

Zen fosters absolute trust in a person's true essence and opens their inner eye to the great mystery of their Universal Essence.

When you reach complete realisation, you experience nothing other than the omnipresent buddha-being, which was with you the whole time, without interruption, as the silent observer behind all experiences.







Your thinking creates the notion of time, yet pure awareness, now-here, is beyond all transformation.

Your true being only reveals itself in inner silence. Pure being, just as it is, only reveals itself when you have become inwardly silent.

When the radiating light of the mind shines forth, you recognise yourself in your timeless eternity.

In the depths of your heart there is no division between you and divine reality. Here, you are united with the Absolute.

The experience of this unity is the revelation of that which you have always been, are now and will eternally be.







