

A little bike running in my head

Alexander discovers that he is a
highly sensitive child



"Knowing my sensitivity has changed my life."

Elaine N. Aron

"Welcome to the fascinating world of high sensitivity!"

Else Marie Bruhner

Have you ever heard of Alexander the Great? He was a famous conqueror who lived a very long time ago.

Well, my name is Alexander too. I am 9 years old and I am neither great nor famous, but I like my name!

Ever since I was little, I have been thinking a lot. I observe everything around me. I try to understand, and I ask myself questions, lots of questions about a lot of things.

It never stops. It's like a little bike running in my head all the time.

I can't help it.



How will my class be next year? What teacher am I going to have? Will she or he be nice?