

FAST ARROW SPEAKS



The Forgotten Ones



Diana Dörr

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About the Author and Fast Arrow

Diana Dörr is an alternative practitioner and Trance Medium with many years of her own practice in Bad Homburg (Germany). In 2011 she published her first novel „Der Steg nach Tatarka“ at Paracelsus Verlag in Salzburg/ Austria. In her books, the author combines her connection with nature with her professional interests, the healing of people and Mother Earth.

The book "Fast Arrow Speaks" was developed during her Home Circle in trance control. It repeats the messages of her spirit guides concerning the Covid-19 pandemic in 2020. The spokesman for this spirit guide group is the North American Indian "Fast Arrow", who is also the author's Spirit Control. He also works in trance control through the author in her healing practice and in her mediumship circles.

You can find out more about the author here:

<https://www.dianadoerr.de/>

<https://www.dianadoerr-medium.de/>

Other books by the author:

Der Steg nach Tatarka

Aurora in geheimer Mission

Erdheilung kinderleicht gemacht

Aurora und der Wächter des Wassers

Auroras Heilquellenführer

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The information in this book does not replace the diagnosis, advice, examination and therapy of a doctor and should not lead to discontinuing or changing previous therapies or medications.

»Fast Arrow Speaks - The Forgotten Ones«
© 2021 Diana Dörr

Author: Diana, Dörr
Cover Design: © Donna Dean

Publishing and print: tredition GmbH, Halenreihe 42, 22359 Hamburg
ISBN 978-3-347-26509-7 (Paperback)
ISBN 978-3-347-26510-3 (Hardcover)
ISBN 978-3-347-26511-0 (e-Book)

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Bibliographic information published by the Deutsche
Nationalbibliothek:

The Deutsche Nationalbibliothek lists this publication in the Deutsche Nationalbibliografie; detailed bibliographic data are available on the internet: <http://dnb.d-nb.de>.

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Introduction

My first contact with other worlds was during a near-death experience in a car accident more than 20 years ago. Since then I have realized that there is more than what we can perceive with our normal senses, and that life is not over with death. It was then that for the first time I was able to see my guardian angel, who brought me back to this Earth plane. I believe he is still part of my spirit guide team.

This was followed by more touching experiences with the spiritual world, which I recorded in my first book "Der Steg nach Tatarka".

During the time in which I wrote the novel „Der Steg nach Tatarka“ and experienced what is described in it myself, I also had first experiences in automatic writing and further encounters with the spiritual world. But I did not trust myself and the spiritual world for a long time and did not know how to deal with these gifts.

In 2008, during a trip to Hawaii, I was unexpectedly told by a medium and Kahuna that I was also a full trance medium and had a job to do with this.

At this time, however, I did not understand what this meant, and how I could train and use this ability.

Without my being aware of it at the time, this ability first flowed into my shamanic work, my Earth healing books and Earth healing circles.

For many years I attended various advanced training courses for mediums from Germany, England and the USA in order not only to develop my medium skills, but also to understand them. The so-called mental mediumship to get in touch with the deceased I

learned during this time was not what I was looking for and put too much pressure on me. Parallel to this training, I sat in closed and open development circles in silence for many years, at least one hour a week, often in two circles a week. This was my greatest apprenticeship and brought me to a point in my medium development where I became aware of what it meant to be a trance medium and what the word trance really meant. Trance mediumship cannot be learned in a weekend course, and trance control is hardly known in Germany. It has nothing to do with „channeling“. During this development circle I knew intuitively that I would no longer get any further in my development alone, and that I needed good teachers for my development.

During the Covid-19 pandemic I used the quiet lockdown time to continue my education in trance control, and today I see it as a lucky coincidence for my medium path.

It was especially through Steven Upton, a teacher of The Spiritualists' National Union, that I became aware that I am a trance control medium and learned how to deepen this skill further. On his advice, I founded a Home Circle in autumn 2020 and found people who were willing to sit as sitters for me.

Many of the following messages and the healing energies that were transmitted were intended for these participants. But the messages affect far more people during this time as I quickly realized.

At the request of many of the participants in the Home Circle I have now put the messages of my spirit guides together on paper, as not so many participants were possible due to the Covid-19 pandemic distance rules, and I had to refuse many sitters. In this way I would like to make the messages of the spirits, who call themselves the "Forgotten Ones", accessible to even more people. May the words of the "Forgotten Ones" touch many hearts and help them get through these special times.

My spirit guides, teachers and philosophers certainly had a good reason to speak English in this Home Circle, so I have decided to leave these messages as they are and to publish the original in English.

As a result, the words of the „Forgotten Ones“ can not only reach more people, but will also pass on the original vibration of the words, which feels very different from the translation. Nevertheless, I surely will translate the words of my spirit guides into German for another book.