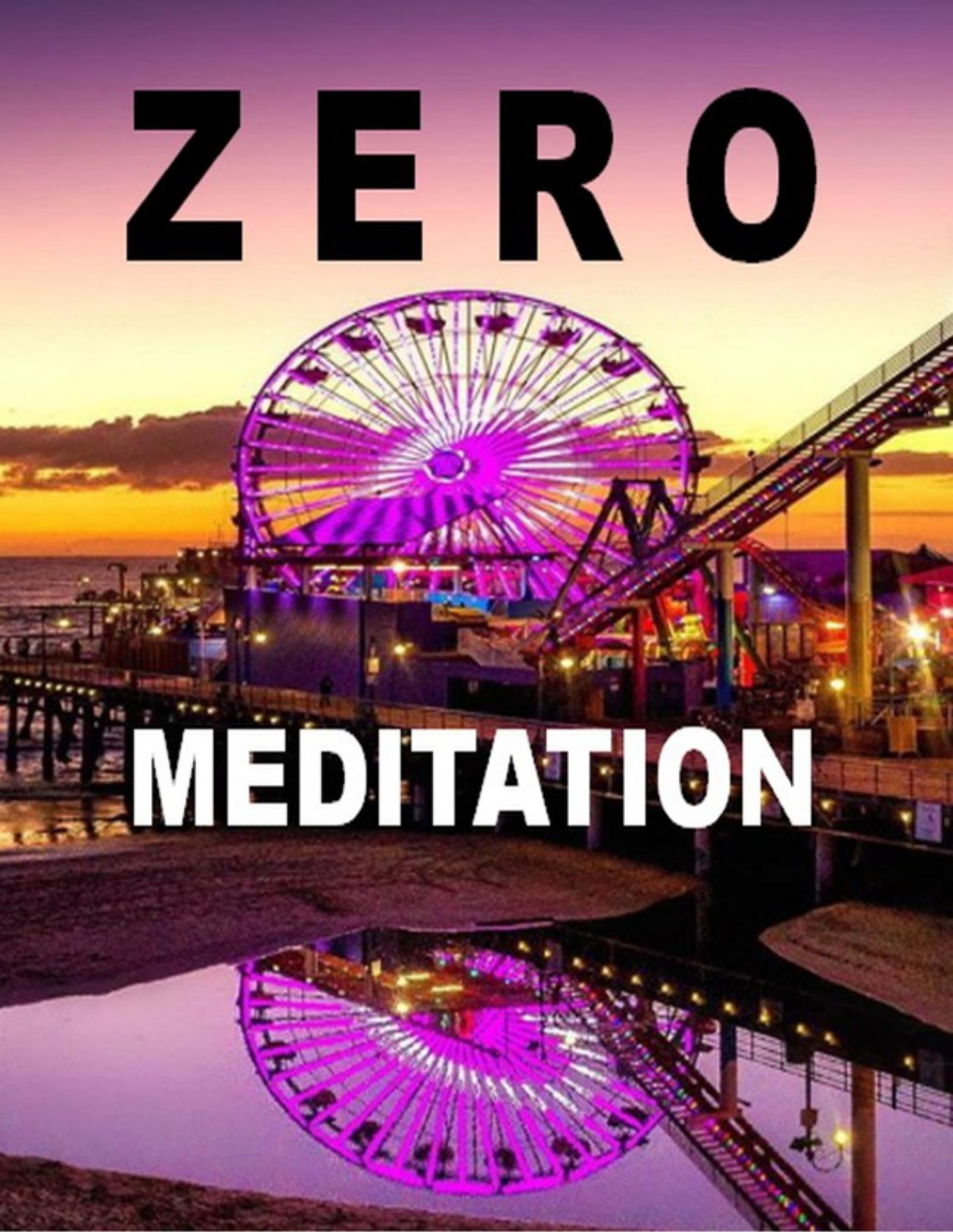


# ZERO

A vibrant night scene at a boardwalk. The central focus is a large Ferris wheel, its structure and spokes illuminated with bright purple lights. To the right, a roller coaster track with colorful lights winds through the scene. In the foreground, a pool of water perfectly reflects the Ferris wheel and the surrounding lights. The background shows a sunset sky with orange and yellow hues, and a dark ocean to the left. The overall atmosphere is lively and colorful.

**MEDITATION**

**Paul Zellin**, born January 6, 1947 in New York, he was a worldwide renowned wisdom teacher of the Human Potential Movement in San Francisco until the eighties. Now living anonymously in Tamalpais Valley running a restaurant for his No Yoga Food company.

**Pia & Pier Zellin**, born as twins September 9, 1974 in Berlin. Their father Paul Zellin forced them as children to meditate (spiritual abuse). Since 2014 Pier worked as press spokesman for the *League of Empty Ones* (LDL). In October 2015 he moved to his sister to Cape Town (South Africa) where Pia still teaches *Anti Yoga*. Since 2017 they commute between Berlin, Cape Town and Bay Area (San Francisco).

**Baihu Fāng 西方白虎方** (real name Peter Zellin), born December 6, 1947 in New York. Working as web designer for the german LDL group of former gurus of the spiritual scene. Practising *Null Yoga* (founded by nephew Pier & niece Pia). Living as a freelance artist (experimental videos and digital photography) at Venice Beach, L.A. (California) since 1975.

**THE LEAGUE OF EMPTY ONES** was founded 2014 in Germany as an anonymous transspiritual network of former gurus that became politically involved. Its purpose was fulfilled in 2018 by writing the german N.A.Z.I.-BRANDBRIEF.

[www.zeroyoga.de](http://www.zeroyoga.de)

*"I have no other self  
than the totality of things  
of which I am aware."*

*"Trying to define yourself is like  
trying to bite your own teeth."*

*"The meaning of life  
is just to be alive. It is  
so plain and so obvious  
and so simple. And yet,  
everybody rushes around  
in a great panic as if  
it were necessary  
to achieve something  
beyond themselves."*

**Alan Watts**

January 6, 1915 (England) –  
November 16, 1973 (California)

This 5th book titled "**ZERO MEDITATION: NO NEED TO MEDITATE - LIFE HAPPENS ANYWAY!**" by the so-called League of Empty Ones (LDL) contains all the original english articles that were published for the german projects

[www.urruhe.de](http://www.urruhe.de) &  
[www.nullyoga.de](http://www.nullyoga.de)

between 2015 and 2019 about a new kind of transspirituality that defines the whole life as enlightened instead of single persons. Wisdom is therefore no longer a special knowledge within an individual brain but a general "*happeness*" between all elements of the infinite universe.

THE COVER PHOTO WAS TAKEN FROM THE INSTAGRAM ACCOUNT OF @SANTAMONICABOARDWALK SHOT BY L.A. ARTIST **JAMES ROBLEE**