



THE WORLD WILL BECOME PEACEFUL BEAUTIFUL AND ABUNDANT

A compact instruction manual:
150 methods to improve our world



ROSIE JACKSON

My deepest gratitude

to the angel

SERAPHIN

for providing me with the

wisdom for this book

My sincere thanks

to everyone who reads this material

and who exerts all practical and mental effort

to put these suggestions into practice,

for you are promoting

SPIRITUAL EVOLUTION

and thus ushering in

A NEW AGE OF PEACE

I also thank my editor, Elisa Lerch,
for the time she has dedicated to this book

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Statements beginning with
“The world will become peaceful,
beautiful and abundant IF ...”

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LIST OF STATEMENTS

CHAPTER 1: OUR RESPONSIBILITY TO REGULATE OUR BEHAVIOUR

The world will become peaceful, beautiful and abundant

IF WE LOOK INTO EACH OTHER'S EYES
IF EVERYONE PAUSES TO THINK BEFORE THEY SPEAK
IF WE THROW AWAY THE PROPS AND SMILE
IF WE TREAT EVERYONE WE ENCOUNTER WITH
CONSIDERATION
IF WE SHOW COURTESY, GRATITUDE AND
COMPASSIONATE HONESTY
IF WE DEVELOP PATIENCE WHERE IT IS DUE
IF WE DO NOT IMMEDIATELY JUDGE
IF EVERYONE RECOGNISES THAT WHAT THEY SEE IS
A MIRROR OF THEMSELVES
IF WE INCREASE THE QUALITY WE PERCEIVE IS
LACKING IN OTHERS
IF EVERYTHING IS PROCESSED IMMEDIATELY
IF WE TRANSCEND THE PAST
IF WE INCREASE DEVOTION AND LOYALTY
IF WE ARE COURAGEOUS TO THE CORE
IF WE LEARN TRUE TRUST
IF WE PRACTICE TRUE HUMILITY
IF WE RETAIN ETERNAL, CENTRAL REPOSE

CHAPTER 2: OUR RESPONSIBILITY TO KEEP LEARNING

**The world will become
peaceful, beautiful and abundant**

IF WE REGARD OBSTACLES AS CHANCES TO MOVE
FORWARD

IF WE TAKE ENOUGH TIME TO THINK DEEPLY

IF WE DO NOT RUN ON AUTOMATIC

IF WE DEPROGRAMME OURSELVES

IF WE JOURNEY IN EVER-WIDENING CIRCLES

IF WE GO INTO ACTION INSTEAD OF HIDING BEHIND
WORDS

IF WE KEEP ON TRACK DESPITE ATTEMPTS TO
DISRUPT US

IF WE CONTINUALLY CHECK GROWTH AND KEEP
EVERYTHING IN VIEW

IF WE STOP IGNORING VIOLENCE, UGLINESS AND
DESECRATION

IF WE REMEMBER TO KEEP EVERYTHING IN OUR
VISION

IF EVERYONE RESEMBLES A DIAMOND

IF WE LEARN TO FALL, AND FALL TO LEARN

IF EVERYONE KNOWS THAT THEY DO NOT KNOW

IF WE REMEMBER THERE IS SO MUCH MORE WE
DON'T KNOW

IF WE RECOGNISE THE END

IF WE TRACK OUR ACTIVITIES

IF WE RECOGNISE THE GREAT TEACHERS AMONG US

CHAPTER 3:

OUR RESPONSIBILITY TO MANIFEST OUR VISIONS

**The world will become
peaceful, beautiful and abundant**

IF BEAUTIFUL THOUGHTS ARE ACTED UPON
IF WE TRY TO TURN OUR VISIONS INTO REALITY
IF HUMANS RISE ABOVE THEIR PRESENT CONCEPT
OF THEMSELVES

IF WE GO BEYOND THE BOUNDARIES OF THE
FAMILIAR

IF WE CAN IMAGINE THE IMPOSSIBLE

IF WE KNOW WHAT TO KEEP AND WHAT TO
DESTROY WHILE CREATING OUR DREAM

IF WE KEEP OUR EYES ON OUR GOAL

IF WE STOP KNOCKING OUR HEADS AGAINST A
BRICK WALL

IF WE PRODUCE OUR OWN ECSTATIC EXPERIENCES
WITHOUT DRUGS

IF WE LIVE THE GREATEST VERSION OF OURSELVES

CHAPTER 4:

OUR RESPONSIBILITY TO ACHIEVE TRUE TRANSPARENCY

**The world will become
peaceful, beautiful and abundant**

IF WE KEEP THINGS SIMPLE

IF WE UNDERSTAND THAT EVERY MOMENT IS
UNIQUE

IF WE REALISE THAT SOME THINGS ARE THE SAME

IF WE EMBRACE TRANSPARENCY AND OPENNESS

IF WE CONTINUALLY CLEAR THE SPACE WITHIN US

IF WE RELEASE OUR FEARS AND SHARE
EVERYTHING

IF WE CLEAR THE JUNGLE IN OUR MINDS AND IN
OUR WORLD

IF EVERYONE IS AWARE OF THE DECISION-MAKING
PROCESS IN EVERY SECOND

IF WE REALISE THAT OUTER VIRUSES ARE A MIRROR
OF INNER VIRUSES

IF WE RELEASE NEW TECHNOLOGY FOR THE
BENEFIT OF ALL

CHAPTER 5:

OUR RESPONSIBILITY TO INCREASE PERSONAL SOVEREIGNTY AND INDEPENDENCE

**The world will become
peaceful, beautiful and abundant**

IF WE CONQUER SELF-SABOTAGE

IF WE DECLINE THE SPECIAL OFFERS

IF WE DO NOT SUFFOCATE OURSELVES

IF WE CUT OUT THE MIDDLEMEN

IF WE STOP FOLLOWING BLINDLY

IF WE STOP TAKING PART IN THE THEATRE OF THE
ABSURD

IF STAR SEEDS COME OUT OF HIDING

IF EVERYONE IS CONTINUALLY AWARE OF THEIR
DECISION-MAKING

IF WE REALISE THAT THE INSIDE DETERMINES THE
OUTSIDE

IF WE DO NOT WAIT FOR COLLAPSE

IF WE REALISE OUR GODLY POWER

CHAPTER 6:

OUR DIVINE RESPONSIBILITIES

**The world will become
peaceful, beautiful and abundant**

IF WE REALISE THAT WE CANNOT GET AWAY WITH
ANYTHING

IF WE KNOW WHO WE ARE

IF WE LIVE THE GREATEST POSSIBLE VERSION OF
OURSELVES

IF PEOPLE DO NOT COMPARE, AND IF THEY TRUST IN
THE DIVINE

IF WE SPREAD THE DIVINE PART OF OURSELVES

IF WE CONSTANTLY REMEMBER THE GOLDEN RULE:
WE REAP WHAT WE SOW

IF WE REALISE THAT WE ARE ONE, AND ONE IS ALL

IF WE REALISE THAT WE ARE EVERYTHING

IF THE WHOLE LANDSCAPE IS SURVEYED

IF WE HOLD THE WHOLE SPECTRUM IN OUR MINDS
DURING SIMPLE PROCESSES

IF WE ARE ALWAYS IN THE FLOW

IF WE CAN STOP FOCUSING ON TIME

IF WE LOOK INSIDE FOR THE ANSWERS

IF WE CHOOSE LIGHT OVER DARK

IF WE CHOOSE TO LOSE IN ORDER TO WIN

IF WE EXPAND OUR IDEA OF GOD

IF WE EMBRACE THE ABSOLUTE

CHAPTER 7:

OUR RESPONSIBILITIES IN RELATIONSHIPS

**The world will become
peaceful, beautiful and abundant**

IF MAN AND WOMAN TRULY COMPLEMENT AND
RESPECT EACH OTHER

IF THE RIFT BETWEEN MAN AND WOMAN IS HEALED

IF WE TRANSITION FROM I MATTER TO WE MATTER

IF WE LOVE OUR CHILDREN UNCONDITIONALLY
FROM THE VERY MOMENT OF CONCEPTION

IF WE PAY ATTENTION TO THE REQUESTS OF
OTHERS

IF WE ARE PREPARED TO TAKE TIME TO REPAIR OUR
RELATIONSHIPS

IF WE PEER INTO EACH OTHER'S SOULS

CHAPTER 8: OUR SOCIAL RESPONSIBILITIES

**The world will become
peaceful, beautiful and abundant**

IF EVERYONE WORKS

IF WE OVERCOME COMPLACENCY

IF WE ARE UNDIVIDED IN OUR LOYALTIES

IF WE GIVE PRAISE WHERE PRAISE IS DUE

IF EDUCATION IS REPLACED BY EDUCATING

IF THE NEXT GENERATION IS EDUCATED BY A
REVISED CURRICULUM

IF WE SHOW TOTAL COMMITMENT TO THE WELFARE
OF OTHERS

IF PEOPLE REALISE THAT CURING THEMSELVES IS
SIMULTANEOUSLY CURING OTHERS

IF EVERYONE BECOMES A PILLAR OF SOCIETY

IF WE ALL COMMIT TO A FORM OF PUBLIC SERVICE

IF RISKS ARE ELIMINATED AND COSTS AVOIDED

IF WE DEVELOP PERFECT SYNCHRONICITY

IF WE EMULATE BEES

IF WE TREAT ANIMALS AS WE TREAT OURSELVES

IF EVERYONE JOINS A CHOIR

IF WE REWRITE EARTH'S GENETIC MIND

IF WE CONTROL AND IMPROVE OUR GENETICS

CHAPTER 9: OUR CULTURAL RESPONSIBILITIES

**The world will become
peaceful, beautiful and abundant**

IF MUSIC IS CONTINUALLY USED TO UPLIFT,
NURTURE AND COMFORT

IF MORE FORMS ARE ROUND

IF WE BECOME AWARE OF THE POWER OF COLOUR

IF SPORT REGAINS ITS TRUE SIGNIFICANCE

IF WE CULTIVATE AND CELEBRATE BEAUTY IN THE
ARTS

IF WE CONSTRUCT PLACES OF BEAUTY

IF WE BUILD HOLY PLACES EVERYWHERE

IF WE COMBINE BEAUTY AND FUNCTIONALITY

CHAPTER 10: OUR RESPONSIBILITIES TOWARDS RESOURCES AND MATERIAL CREATIONS

**The world will become
peaceful, beautiful and abundant**

IF MATERIAL RESOURCES ARE WELL ORGANISED TO
SERVE A COMMON GOAL

IF WE LIVE WITHOUT COPYRIGHTS, PATENTS AND
MONEY

IF NOTHING EVER NEEDS TO BE REPAIRED

IF WE PRODUCE LASTING PRODUCTS BY BLENDING
EXACTLY THE RIGHT MIX

IF ACHIEVED PERFECTION IS MAINTAINED
IF WE PLAN PROJECTS WHICH LAST FOR A
THOUSAND YEARS

CHAPTER 11: OUR ENVIRONMENTAL RESPONSIBILITIES

**The world will become
peaceful, beautiful and abundant**

IF WE NURTURE OUR EARTH AS A LIVING BEING
IF WE CHERISH BEAUTY
IF WE LEARN FROM NATURE
IF WE REVERSE OUR WASTE POLICIES
IF WE TRANSFORM THE WORLD INTO A GARDEN
IF WE USE WHAT WE ALREADY HAVE
IF EVERYONE TAKES ON GUARDIANSHIP OF THE
EARTH
IF WE INCREASE EMPATHY AND UNDERSTANDING
TOWARDS ALL THINGS

CHAPTER 12: OUR NATIONAL AND GLOBAL RESPONSIBILITIES

**The world will become
peaceful, beautiful and abundant**

IF EVERYONE IS CONSCIOUS OF THE WAVES THEY
EMIT

IF WE LOOK UPON OUR PETTY STRUGGLES FROM A
POINT IN SPACE

IF WE EMBRACE UNITY

IF PEOPLE RELEASE THEIR FEARS AND SHARE
EVERYTHING

IF WE FOCUS ON OUR SIMILARITIES

IF WE FAVOUR ORGANISM OVER ORGANISATION

IF WE INCREASE DEVOTION AND LOYALTY

IF ALL PEOPLE ARE STRENGTHENED BY THEIR OWN
CULTURE AND IDENTITY

IF THERE IS A GENUINE COMMONWEALTH

IF ALL GLOBAL INHABITANTS ACHIEVE A GLOBAL
OVERVIEW

IF WE REVERSE THE WASTEFUL AND EXPLOITATIVE
ASPECTS OF GLOBALISATION

IF MIGRATING PEOPLE SHOW GENUINE INTEREST IN
PEACEFUL INTEGRATION

IF WE ALL SPEAK THE SAME LANGUAGE

IF REVOLUTION IS REPLACED BY EVOLUTION

IF WE MAINTAIN PEACEFUL RELATIONS WITH OUR
GALACTIC NEIGHBOURS

CHAPTER 13: OUR RESPONSIBILITY TO THE FUTURE

**The world will become
peaceful, beautiful and abundant**

IF ITS INHABITANTS REALISE THAT THIS IS AN
EVOLUTIONARY PLANET WHERE SOULS INCARNATE
IN THE PHYSICAL FOR A SPIRITUAL EXPERIENCE

IF WE KNOW WE ARE TAKING AN EXAMINATION IN
AN ETERNAL CAREER

IF WE ARE THOROUGH

IF WE ARE ALWAYS AWARE OF DEATH

IF WE ARE AWARE OF ETERNITY

INTRODUCTION

Our earth has been ravaged by war, conflict, abuse, corruption and desecration for millennia. The great question is: WHAT CAN WE DO TO STOP IT? There are a number of “beliefs” which have been steadily instilled in us, which have led to these tragic circumstances. If we reverse these beliefs, we reverse the situation.

What are these beliefs? First and foremost, we have been led to believe that we are powerless and insignificant, and that we exist on the material plane alone. Various “religions” and rules have been developed to cement our dependence on others. Rigid structures and concepts, notably educational and financial systems, have been developed to keep us confined. Many of us have been programmed to think that there is no life after death, or that we will land in “heaven” or “hell”, where we either sit in bliss or burn in pain forever.

In either case, these beliefs are limiting and eradicate any striving to make progress. They stunt our MIND GROWTH. They suggest that our RESPONSIBILITIES will end with death, whereas we are actually on an eternal learning journey through many “lives” and incarnations. Our goal is self-perfection, in order to serve others. This is our greatest joy and fulfilment, and will lead to universal harmony.

The chapters in this book focus on our personal, social, cultural, environmental, global and divine RESPONSIBILITIES. Most important are our divine responsibilities, requiring us to act in alignment with cosmic

laws of balance. Simply put, these amount to the law of cause and effect, or the law of one. All thoughts and actions which we send out into the world have an effect. It is our responsibility to ensure the quality of those thoughts and actions. The law of one ensures that the energy we emit returns to us. In other words, we reap what we sow. The “golden rule” is that we should do unto others as we wish to be treated ourselves.

Over time, many enlightened masters, including Jesus, have been assigned here by universal administration to “uplift” the vibration of our earth. They have attempted to teach “another way” - living in alignment with these laws and developing a very personal relationship with the Divine (“The Kingdom of God is within us”). It is time for us to reclaim this, our divine sovereignty, independent of outside influences, and to communicate with our divine inner advisor in order to overthrow the shackles of the past. Thus will we turn into our own religious gurus, our own policeman, our own judge, and “government”. Resting securely in ourselves, always independent and perfectly balanced, we will recover our boundless creativity, and we will consciously construct a PEACEFUL, BEAUTIFUL AND ABUNDANT WORLD.

How can the world become peaceful, beautiful and abundant? Many of these answers are the result of “intuitive, medial writing”. Many have also been received telepathically from the angel, Seraphin. More detailed texts and original messages from Seraphin can be found in the book SERAPHIN’S SPIRITUALITY SCHOOL. May all the readers and users of this book be showered with abundant blessings on their spiritual path. Rosie Jackson.

THE PURPOSE OF THIS BOOK