## **Time Millionaire**

Finally all the time of the world for the essential things of life



MADELEINE WILSON

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Minimalism pure: throw ballast overboard free! Minimalism pure - Why less is more than just less Minimalism pure and simple does not mean giving up luxury Minimalism pure - everyone decides how far they want to go Minimalism as a life principle & lifestyle What is minimalism? Freeing from ballast and the desire for a simple life Opportunities and advantages of a minimalist life Minimalism is a process, not a state! Minimalism in everyday life: Consciously simplifying vour everyday routine Why quantity grows and quality suffers 14 Minimalist strategies that deliberately create freedom in everyday life Minimalism in your own living dreams Creating space with brains, system and endurance Following the following principles is already half the battle Getting Started is Difficult - Simple Methods for Sorting Out Where to put all the sort things out? Travel to your perfect wardrobe & fashion style Don't let people or the fashion industry manipulate you? The way to the wardrobe full of favourite clothes Step-by-step to minimalism in the wardrobe with the stacking method <u>Tips on how the next shopping trip does not turn</u> into a consumer orgy Minimalism and the love of finance

Take a close look at fixed income and expenditureSaving money through rational buying behaviourand conscious consumption

<u>12 minimalist money saving tips in everyday life for</u> <u>everyone</u>

<u>Monthly budget planning: What does the world cost?</u>

<u>Minimalism at the workstation, in the office & home</u> <u>office</u>

<u>Minimalist workplace design - that's how it works!</u> <u>Time management: Eliminating time wasters and</u> <u>organizing time more efficiently - that's how it</u> <u>works!</u>

To-do lists simplify the working day - here's how it works

Eliminate time thieves step-by-step in everyday office life and use time efficiently

<u>Minimalist on (world)travel with hand luggage</u> <u>Minimalist on journeys with a little hand luggage</u> <u>The advantages of being on tour only with a</u> <u>backpack are plontiful</u>

backpack are plentiful

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## Minimalism pure: throw ballast overboard free!

## Minimalism pure - Why less is more than just less

Confucius once said:"Life is simple, but we insist on making it complicated. There is much truth in these words. Many people load themselves too much on their private and professional lives, which means that they are constantly electrified. Some do not find a way out of the constant stress that can even make them ill. I have collected tips and advice for a minimalist life for you to make your life easier and less tedious. The best thing about it: A few of them can be implemented within an hour!

Minimalist supporters favour simple life: little consumption, clear wardrobe, food without packaging. At the beginning of the movement about ten years ago, minimalist people had to exchange views mainly via blogs on the web. In the meantime there are regular meetings in many German cities.

Furthermore, I think minimalism has a certain charm. The advantages are obvious. Fewer unnecessary things, less distractions, better energy and determination, and so on. So for some of you this is probably a great condition.