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GOODBYE CORONA!

Melatonin

A potent protective shield
against COVID-19 -
often underestimated,
trivialized or negated

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IMPRINT

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Preface

They were all criminally uninterested. Classical medicine. The mainstream media. The pharmaceutical industry. The political, economic and cultural upper classes of society in general.

The first news that should have electrified the public was on March 20, 2020 in The Devine News, the daily newspaper in the small town of Devine, Texas: Unexpected success in treating COVID-19 with melatonin in a local private clinic. Then there was similar astonishing information in a guidebook "Optimizing immune forces in the corona crisis", which was available from April 10, 2020 in every bookstore in Germany, Austria and Switzerland and on Amazon. It was written by the two authors of this e-book, the anti-aging-medicine doctor Dr. med. Jan-Dirk Fauteck and Imre Kusztrich. They reported on page 160 from a study published in the digital medical library Epub on March 23, 2020 with the original title "COVID-19: Melatonin as a potential adjuvant treatment" translated into German.

Appendix [1] "COVID-19: Melatonin as a potential adjuvant treatment". February / March 2020. Life Science. Epub March 23, 2020.

Quote: "In this publication, we focus on a function performed by melatonin that is probably not well known even among scientists who routinely study this hormone, namely its ability to reduce disease caused by viruses."

The last link in a series of scientific papers on the role of supplements in supporting the immune system against viruses was a study shortly before the publication of this e-book entitled "Does Evidence Exist to Blunt Inflammatory Response by Nutraceutical Supplementation during COVID-19 Pandemic? An Overview of Systematic Reviews of Vitamin D, Vitamin C, Melatonin, and Zinc ". The result:

Seven specialists in medical universities and clinics in Italy and San Marino see potential for nutritional supplements.

Appendix [2] „Does Evidence Exist to Blunt Inflammatory Response by Nutraceutical Supplementation during COVID-19 Pandemic? An Overview of Systematic Reviews of Vitamin D, Vitamin C, Melatonin, and Zinc“. Academic Editor: Rosa Casas. „Micronutrients and Human Health“. Department of Health Promotion Sciences, Maternal and Infant Care, Internal Medicine and Medical Specialties, University of Palermo, 90127 Palermo, Italy. 12 April 2021.

Specifically, it is about the dreaded overreaction of our processes to ward off diseases, which in the end can be more dangerous than the original disease itself. Scavenger cells, killer cells, B-lymphocytes and T-lymphocytes of our innate immune system release very aggressive signal substances, so-called cytokines. They are hormone-like substances with strong inflammatory and antiviral properties. In the context of an infection, their concentration can increase a thousandfold ... however, this may have a destructive effect even on healthy endogenous tissue. Science speaks of the cytokine storm.

In the course of the first COVID-19 year, a global search began for substances that, after consumption or ingestion, make it easier for the human organism to control and at the same time optimize its immune reactions. The eye fell on around 150 vital substances. Without exaggeration, one can take the position that among them the hormone melatonin occupies a particularly interesting and promising position. In fact, one of the numerous scientific studies on the sleep hormone melatonin in the fight against the coronavirus and its mutants literally states: “We discuss the evidence that melatonin (a) prevents SARS-CoV-2 infection, (b) is a suitable effective anti-inflammatory, immunoregulatory, antioxidant agent, (c) disrupts internal chronobiology counteracts, (d) combats numerous previous illnesses that