FRACTURES OF THE FACIAL SKELETON

edition

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Chapter 3: Clinical features of facial fractures

<u>Figure 3.1 Classification of mandibular fracture sites.</u> <u>A dentoalveolar; B condylar; C coronoid; D ramus; E</u> <u>angle; F body (molar/premolar area); G</u> <u>parasymphysis; H symphysis.</u>

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Figure 3.11 The classical lines of midface fracture as described by Le Fort (a) Frontal view, (b) Lateral view. *Red*: Le Fort I, Guérin or low level transverse fracture. *Blue*: Le Fort II, mid level pyramidal or infra-zygomatic fracture. *Green*: Le Fort III, high level transverse or supra-zygomatic fracture. Although this terminology has a venerable history in the maxillofacial literature modern imaging techniques <u>confirm that injuries are usually considerably more</u> <u>complex than this 'monobloc' pattern suggests.</u>

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Chapter 4: Imaging

<u>Figure 4.1 Reformatted three-dimensional image</u> <u>generated from CT scans showing a Le Fort II type</u> <u>fracture with dental injuries. (Reproduced with kind</u> <u>permission of Springer Science+Business Media.)</u>

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Figure 4.3 An oblique lateral radiograph of the mandible may occasionally be helpful to image a suspected fracture of the mandible, although this is normally indicated only where an OPT is unavailable. (Reproduced with kind permission of Springer Science+Business Media.) Figure 4.4 Postero-anterior radiograph showing a fracture of the right angle and anterior region of the mandible. The overlying shadow of the cervical spine obscures accurate assessment of the anterior region. If this is still unclear on an OPT a rotated PA view and/or occlusal view may be indicated.

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Figure 4.11 Coronal CT scan of a patient with clinical signs of tethering of the right inferior rectus following orbital injury. This subtle evidence of an isolated orbital floor fracture would not be seen on a plain radiograph. (Reproduced with kind permission of Springer Science+Business Media.)

Figure 4.12 Coronal CT scan demonstrating the normal sigmoid outline of the orbital floor giving a socalled 'posteromedial bulge'. Orbital floor fractures frequently involve this area with loss of contour. Accurate identification of the defect and restoration of this shape is essential if secondary enophthalmos is to be minimized. (See also Figure 3.20.)

Chapter 5: Treatment of dentoalveolar injuries

Figure 5.1 Injuries to the dental hard tissues and pulp as classified in Table 5.1. (a) Crown infraction. (b) Enamel fracture. (c) Enamel + dentine fracture. (d) Enamel + dentine + pulp fracture. (e) Vertical crownroot fracture. (f) Oblique crown-root fracture. (g) Root fracture.

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Figure 5.8 Dentoalveolar fracture of maxillary alveolus and tuberosity as a result of attempted extraction of ankylosed teeth with bulbous roots. The fragment has been dissected free prior to repair of the resulting oro-antral communication.

Chapter 6: Treatment of fractures of the mandible

Figure 6.1 Typical example of different shapes and sizes of plates available for the fixation of fractures of the facial skeleton. (Reproduced with kind permission of Springer Science+Business Media.) Figure 6.2 Open reduction and internal fixation (ORIF) of a bilateral fracture of the mandible using an intraoral approach and titanium miniplates with monocortical screws. (a) Fracture of right angle fixed with a single plate adapted to lie along the upper border and external oblique ridge. (b) Left parasymphyseal fracture. In this area two plates are needed to achieve stable fixation. A temporary 'bridle wire' is visible in the upper part of the picture. This was placed around a number of firm teeth either side of the fracture in order to stabilize the reduction during application of the plates.

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Figure 6.5 Diagram illustrating the major problem with compression plating of the mandible. (a) A single plate near the lower border tends to open up the fracture at the alveolar level unless a 'tension band' is also placed; either (b) an arch bar or (c) a second smaller plate.

<u>Figure 6.6 Diagram to illustrate the principle of lag</u> <u>screws. The thread only engages the deeper section</u> of bone (a) and thus compression is applied as the screw is tightened (b).

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Figure 6.11 (a) Mandibular fracture treated with IMF using Jelenko pattern arch bars ligated to upper and lower teeth. (b) Models demonstrating the use of simple half-round arch bars. Small notches cut into the bars will prevent lateral slippage of the IMF wires. (Reproduced with kind permission of Springer Science+Business Media.)

Figure 6.12 IMF screw being inserted between the upper right canine and first premolar. Care is needed to avoid damage to the adjacent roots. If IMF screws are simply to be used for intraoperative stabilization they can sometimes be placed in the safer area beyond the apical region. However, difficulty of subsequent access and problems with ulceration <u>preclude this location for longer term use.</u> (<u>Reproduced with kind permission of Springer</u> <u>Science+Business Media.</u>)

Figure 6.13 One method of external fixation, used here for an infected fracture of the left mandible. Two screw pins have been inserted into each fragment and a length of endotracheal tube pushed over the protruding ends prior to the injection of self-curing acrylic resin. External fixation is rarely indicated and has been superseded in most situations by internal fixation techniques.

Figure 6.14 Lower border wiring. The reduced fracture has been stabilized by a direct interosseous wire and a separate 'Figure of eight' wire around the lower border. Although this technique has been superseded by the use of plates and has the added disadvantage of requiring an external approach it can still achieve excellent fixation. It may occasionally have a place in situations where plating equipment is not readily available.

Figure 6.15 Diagram illustrating the steps in a retromandibular approach to the mandibular condyle. (a) 1.5–2.0 cm vertical incision just behind the posterior border of the mandible. (b) The cutaneous incision is essentially parallel to the main lower division of the facial nerve and subsequent blunt dissection to reach the mandible avoids damage to this structure. (c) Wide subperiosteal dissection exposes the fracture site. (See text for details.)

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Figure 7.8 Diagram to illustrate various approaches to the inferior orbital rim using eyelid skin incisions. (a) Midtarsal incision with stepped post-orbicularis dissection. (b) Subciliary incision with pre-orbicularis dissection. (c) Subciliary incision with postorbicularis dissection.

<u>Figure 7.9 Transconjunctival approach to the inferior</u> <u>orbital rim. (a) Pre-septal dissection that minimizes</u> <u>herniation of orbital fat into the operative field. (b)</u> <u>Post-septal dissection that is considered technically</u> <u>easier.</u>

Figure 7.10 Transconjunctival approach with lateral canthotomy for access to the inferior orbital rim and orbital floor. Note globe protection by insertion of a soft eye shell. (a) Insertion of scissors into the lateral fornix prior to division of skin and lateral canthus. (b) Conjunctiva being divided by scissors after undermining in the pre-septal plane along the marked incision line. (c) Elevation of the conjunctival mucosa with the help of traction sutures. (d) Incision of periosteum over the orbital rim and initial stages of elevation of the periorbita to expose the orbital floor. (e) Closure of lateral canthotomy skin incision with two fine resorbable sutures. (Courtesy of <u>Kenneth Sneddon, Queen Victoria Hospital, East</u> <u>Grinstead.)</u>

Figure 7.11 Exposure of medial wall of right orbit for titanium mesh repair by means of a transcaruncular approach. (Reproduced with kind permission of Springer Science+Business Media.)

Figure 7.27 (a) Local incision used for exposure of a nasofrontal fracture. (b) Careful assessment of the injury is needed prior to using a local approach because the fracture may be found to be more complex than expected. A coronal flap is a safer option in most NOE fractures.

Figure 7.12 Coronal scalp flap raised to expose and plate orbito-naso-frontal fractures. A separate pericranial flap has been raised for protection of any anticipated anterior cranial base repair. Note also the oblique incision through the deep temporal fascia (arrow) to allow dissection superficial to the muscle to avoid damage to the frontal branch of the facial nerve. (Reproduced with kind permission of Springer Science+Business Media.)

Figure 7.13 (a) Skull model and (b) Clinical case to show the position of Walsham's forceps when reducing a nasal fracture. The external blade is usually padded for added skin protection. (Reproduced with kind permission of Springer Science+Business Media.)

Figure 7.14 (a) Internal fixation of a comminuted nasal bone fracture made possible by an overlying laceration. (b) Restoration of nasal form and soft tissue repair.

<u>Figure 7.15 Gillies temporal approach for reduction</u> of a fractured zygoma. (a) Diagram to illustrate how a <u>zygomatic elevator (Bristow's) is inserted through an</u> <u>incision in the temporal fascia and passed superficial</u> to the temporalis muscle to lie beneath the deep <u>surface of the zygoma. (b) Clinical case using the</u> <u>same technique performed with a Rowe's elevator.</u> <u>(Reproduced with kind permission of Springer</u> <u>Science+Business Media.)</u>

Figure 7.16 Depressed fracture of the left zygoma being elevated with the aid of a malar hook. The point of skin penetration is at the intersection of a horizontal line extending from the alar rim and a vertical line dropped from the lateral canthus. (Reproduced with kind permission of Springer Science+Business Media.)

Figure 7.17 Fixation of fractured zygoma with the aid of a buttress plate. This is a critical site to check the accuracy of reduction in order that any residual rotation or medial displacement are avoided. (Reproduced with kind permission of Springer Science+Business Media.)

Figure 7.18 Sagittal (a) and coronal (b) CT scans of an isolated orbital floor fracture with 'mirror image' superimposition of the normal side (purple). The alteration in the shape of the orbital floor and the extent of the increase in volume is obvious as shown by the arrows. (Courtesy of Jeremy Collyer, Queen Victoria Hospital, East Grinstead.)

Figure 7.19 Typical dimensions relevant to surgical exploration of the adult orbital floor. Mean distance from anterior lacrimal crest to the optic foramen = 42 mm. Distance from infraorbital foramen to inferior orbital fissure = 24 mm. The depth of the orbit is often unappreciated by less experienced surgeons who may not explore far enough posteriorly to <u>identify the intact bony ledge vital for implant</u> <u>stabilization and restoration of the 'posteromedial</u> <u>bulge'.</u>

Figure 7.20 Inferior marginal orbitomy for improved visualization and access in repair of a large defect of the orbital floor. (a) Bone cuts made with fine saw. (b) Segment of rim removed with infraorbital nerve freed. (c) Repair of the defect, in this case with a calvarial bone graft. (d) Rim segment replaced and plated in position.

<u>Figure 7.21 Three-dimensional CT scan showing a</u> <u>titanium mesh plate in place for reconstruction of the</u> <u>right orbital floor and medial wall.</u>

Figure 7.22 Rowe's disimpaction forceps in position for reduction of the tooth bearing portion of the upper jaw. (Reproduced with kind permission of Springer Science+Business Media.)

Figure 7.23 CT scan of patient with a low level fracture of the maxilla (Le Fort I type). A midline split of the palate is clearly demonstrated. In this situation any reduction using Rowe's forceps needs to be carried with extreme care to avoid further disruption of the fracture and tearing of the overlying mucosa.

Figure 7.24 Operative view of internal fixation of the left side of a Le Fort I fracture. Comminution of the antral walls is a common feature of maxillary fractures and small fragments may become detached and lost. However, it is usually possible to plate the midface 'pillars' at the piriform aperture and base of the zygomatic buttress (arrowed).

<u>Figure 7.25 The significance of accurate zygomatic</u> <u>reduction for midface width and projection. (a)</u> <u>Posterior displacement of the zygomatic complex</u> <u>usually results in rounding of the arch (red) and loss</u> of the normal straight profile (green). (b) Diagram showing how failure to correct this deformity in complex midface fractures will result in increased zygomatic width and postoperative flattening of the face.

Figure 7.26 The importance of medial canthal anatomy. (a) NOE fracture with flattening of the nasal bridge and infero-lateral displacement of the right medial canthus. (b) Restoration of canthal position after open reduction and fixation using a coronal flap for access.

<u>Figure 7.28 Open reduction and fixation of NOE</u> <u>fracture with frontal bone involvement. Wide</u> <u>exposure allows full assessment of the injury with the</u> <u>best possibility of restoring the complex anatomy.</u>

Figure 7.29 Diagram to illustrate the principle of transnasal canthopexy. (a) An awl or needle is passed through the nasal bones to pick up a braided wire suture attached to the canthal ligament. (b) The procedure may be combined with bone graft or titanium mesh reconstruction of the comminuted medial orbital wall. Even with these procedures posttraumatic canthal deformity is hard to prevent when the ligament has been completely detached.

<u>Figure 7.30 CT scan showing fracture of posterior</u> wall of left frontal sinus with an intact anterior wall.

Figure 7.31 (a) Depressed fracture of frontal bone causing obvious cosmetic deformity of forehead. (b) Coronal flap raised to expose fractures. (c) Reduction and fixation. In this case the repair was covered with acrylic bone cement to smooth out minor <u>irregularities and prevent plate palpation. (d) Lateral</u> <u>view showing post-operative appearance.</u>

<u>Figure 7.32 Diagram to show how a pericranial flap is</u> <u>used to reinforce the repair and separate the cranial</u> <u>cavity from the sinonasal cavity.</u>

Chapter 8: Soft tissue injuries and fractures associated with tissue loss

Figure 8.1 Haematoma of the left ear resulting in elevation of the skin overlying the concha and antihelix in particular. Drainage should be considered to prevent later deformity and possible necrosis of the cartilage. (Reproduced with kind permission of Springer Science+Business Media.)

Figure 8.2 (a) 'Through and through' laceration of the chin. (b) What may appear on cursory examination to be a superficial injury actually extends through all layers to the oral cavity. Careful cleaning prior to repair is essential.

Figure 8.3 Contaminated shotgun wound to left face and jaw. (a) Following initial resuscitation, tracheostomy and packing of the wound. (b) Condition after several days of repeated lavage and wound dressing. A small area of tissue necrosis has become apparent. (c) Delayed primary closure and drainage. Despite initial appearances the final extent of tissue loss is minimal.

Figure 8.4 (a) Shelving laceration of upper lid and cheek. (b) Thorough exploration of the wound is important to retrieve any retained foreign bodies. (Courtesy of Malcolm Cameron, Addenbrooke's Hospital, Cambridge.)

<u>Figure 8.5 Knife wound to left cheek. Possible injuries</u> to the facial nerve and parotid duct need to be <u>identified in any laceration of this anatomical area.</u> <u>(Courtesy of Malcolm Cameron, Addenbrooke's Hospital, Cambridge.)</u>

Figure 8.6 Full thickness laceration of upper lip involving the vermilion margin. (a) Wounds that involve key 'margins' (e.g. lip, nasal rim, ear or eyelid) require careful matching of anatomical landmarks. (b) In deep lip lacerations repair of the orbicularis muscle is also important. (Courtesy of Malcolm Cameron, Addenbrookes's Hospital, Cambridge.)

Figure 8.7 A crushed and contused wound of the scalp. Primary closure is not possible but a delay in treatment will allow any tissue of doubtful vitality to declare itself. With crush wounds healing by secondary intention or a skin graft may be indicated with revision surgery at a later date. (Perry (in press). Reproduced with kind permission of Springer Science + Business Media.)

Figure 8.8 (a) Shelving upper eyelid laceration. (b) Although quite deep with exposure of the orbital rim, repair was uncomplicated because the lid margin and the levator apparatus were not involved. Specialist referral is indicated for management of complex lid injuries. (Courtesy of Malcolm Cameron, Addenbrooke's Hospital, Cambridge.)

<u>Figure 8.9 Missile injury to right face, neck and</u> <u>mandible. Gross comminution, wound contamination</u> <u>and a variable amount of tissue loss are features of</u> <u>this type of injury.</u>

<u>Figure 8.10 Shotgun injury resulting from an</u> <u>unsuccessful suicide attempt. Note the heavy</u> <u>contamination of soft tissues with fragmentation and</u> partial loss of both anterior mandible and maxilla. Even though shotgun cartridges are fired at a relatively low velocity this is sufficient at close range, combined with the heavy mass, to result in a 'high energy transfer' injury.

Figure 8.11 War injury resulting from a missile fragment. The patient maintained consciousness unaided and survived 4 days in transit from a remote area to a maxillofacial unit without any medical help apart from a battlefield dressing.

Chapter 9: Postoperative care

Figure 9.1 Patient with a shotgun wound to the right face and mandible resulting in an oro-cutaneous fistula. A soft ultra-thin flexible nasogastric tube has been passed to permit enteral feeding.

Figure 9.2 Patient with a direct penetrating injury of the oropharynx with a PEG in place to allow satisfactory feeding during the healing period.

Chapter 10: Complications

Figure 10.1 Malunited fractures due to late presentation. (a) Child with right parasymphyseal fracture. Union is rapid in this age group but refracture is usually straightforward. (b) Bilateral anterior fractures in an adult. In this situation, precise anatomical reduction by ORIF may be complicated by partial bone healing and remodelling. Arch bars and IMF may be needed instead or in addition.

<u>Figure 10.2 (a) PA radiograph and (b) OPT of an</u> <u>infected fracture of the right mandibular angle that</u> <u>has been inadequately stabilized by lower border</u> <u>wiring. The retained lower molar has also contributed</u>