

# Flow &

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# Pre-Shot Routine



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Move your Game

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## **Golf Tips: Flow & Pre-Shot Routine**

Move your Game   


# **|| Content**

## || The Pre-Shot Routine

Become an Old-Hand!

Via Pit Stop to Perfection

The Strategy Pit Stop

The Preparation Pit Stop

The Playing Pit Stop

Routine Wins

## || The Post-Shot Routine

Routine After a Bad Shot

Routine After a Good Shot

## || The Pre-Shot Routine Putting

## || Playing in Flow

## || Summing Up

Author

## || Imprint