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4th Edition

# Statistical Analysis with Excel<sup>®</sup>

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Learn all of Excel's  
statistical tools

Test your hypotheses and  
draw conclusions

Use Excel to give meaning  
to your data

**Joseph Schmuller, PhD**

Author of all previous editions of  
*Statistical Analysis with Excel For Dummies*



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<sup>for</sup>  
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4th edition

by Joseph Schmuller, PhD

for  
**dummies**<sup>®</sup>  
A Wiley Brand

# Statistical Analysis with Excel® For Dummies®, 4<sup>th</sup> Edition

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# Introduction

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What? Yet another statistics book? Well . . . this is a statistics book, all right, but in my humble (and thoroughly biased) opinion, it's not *just* another statistics book.

What? Yet another Excel book? Same thoroughly biased opinion — it's not just another Excel book. What? Yet another edition of a book that's not just another statistics book and not just another Excel book? Well . . . yes. You got me there.

So here's the story — for the previous three editions and for this one. Many statistics books teach you the concepts but don't give you a way to apply them. That often leads to a lack of understanding. With Excel, you have a ready-made package for applying statistics concepts.

Looking at it from the opposite direction, many Excel books show you Excel's capabilities but don't tell you about the concepts behind them. Before I tell you about an Excel statistical tool, I give you the statistical foundation it's based on. That way, you understand the tool when you use it — and you use it more effectively.

I didn't want to write a book that's just “select this menu” and “click this button.” Some of that is necessary, of course, in any book that shows you how to use a software package. My goal was to go way beyond that.

I also didn't want to write a statistics “cookbook” — when-faced-with-problem-#310-use-statistical-procedure-#214. My goal was to go way beyond that, too.

Bottom line: This book isn't just about statistics or just about Excel — it sits firmly at the intersection of the two. In the course of telling you about statistics, I cover every Excel statistical feature. (Well . . . *almost*. I left one out. I left it out of the first three editions, too. It's called “Fourier Analysis.” All the necessary math to understand it would take a whole book, and you might never use this tool, anyway.)

# About This Book

Although statistics involves a logical progression of concepts, I organized this book so you can open it up in any chapter and start reading. The idea is for you to find what you're looking for in a hurry and use it immediately — whether it's a statistical concept or an Excel tool.

On the other hand, cover to cover is okay if you're so inclined. If you're a statistics newbie and you have to use Excel for statistical analysis, I recommend you begin at the beginning — even if you know Excel pretty well.

## What You Can Safely Skip

Any reference book throws a lot of information at you, and this one is no exception. I intend it all to be useful, but I don't aim it all at the same level. So if you're not deeply into the subject matter, you can avoid paragraphs marked with the Technical Stuff icon.

Every so often, you'll run into sidebars. They provide information that elaborates on a topic, but they're not part of the main path. If you're in a hurry, you can breeze past them.

Because I wrote this book so you can open it up anywhere and start using it, step-by-step instructions appear throughout. Many of the procedures I describe have steps in common. After you go through some of the procedures, you can probably skip the first few steps when you come to a procedure you haven't been through before.

## Foolish Assumptions

This is not an introductory book on Excel or on Windows, so I'm assuming:

- » You know how to work with Windows. I don't spell out the details of pointing, clicking, selecting, and so forth.
- » You have Excel 2016 installed on your Windows computer or on your Mac and you can work along with the examples. I don't walk you through the steps of Excel installation.

» You've worked with Excel, and you understand the essentials of worksheets and formulas.

If you don't know much about Excel, consider looking into Greg Harvey's excellent Excel books in the *For Dummies* series.

## How This Book Is Organized

I've organized this book into five parts and four appendixes (including two that you can find on this book's companion website at [www.statisticalanalysiswexcel4e](http://www.statisticalanalysiswexcel4e)).

### Part 1: Getting Started with Statistical Analysis with Excel: A Marriage Made In Heaven

In Part 1, I provide a general introduction to statistics and to Excel's statistical capabilities. I discuss important statistical concepts and describe useful Excel techniques. If it's a long time since your last course in statistics or if you've never had a statistics course at all, start here. If you haven't worked with Excel's built-in functions (of any kind), definitely start here.

### Part 2: Describing Data

Part of statistics is to take sets of numbers and summarize them in meaningful ways. Here's where you find out how to do that. We all know about averages and how to compute them. But that's not the whole story. In this part, I tell you about additional statistics that fill in the gaps, and I show you how to use Excel to work with those statistics. I also introduce Excel graphics in this part.

### Part 3: Drawing Conclusions from Data

Part 3 addresses the fundamental aim of statistical analysis: to go beyond the data and help decision-makers make decisions. Usually, the data are measurements of a sample taken from a large population. The goal is to use these data to figure out what's going on in the population.

This opens a wide range of questions: What does an average mean? What does the difference between two averages mean? Are two things associated? These are only

a few of the questions I address in Part 3, and I discuss the Excel functions and tools that help you answer them.

## **Part 4: Working with Probability**

Probability is the basis for statistical analysis and decision-making. In Part 4, I tell you all about it. I show you how to apply probability, particularly in the area of modeling. Excel provides a rich set of built-in capabilities that help you understand and apply probability. Here's where you find them.

## **Part 5: The Part of Tens**

Part 5 meets two objectives. First, I get to stand on the soapbox and rant about statistical peeves and about helpful hints. The peeves and hints total up to ten. Also, I discuss ten (okay, 12) Excel things I couldn't fit into any other chapter. They come from all over the world of statistics. If it's Excel and statistical, and if you can't find it anywhere else in the book, you'll find it here.

As I said in the first three editions — pretty handy, this Part of Tens.

## **Appendix A: When Your Worksheet Is a Database**

In addition to performing calculations, Excel serves another purpose: recordkeeping. Although it's not a dedicated database, Excel does offer some database functions. Some of them are statistical in nature. I introduce Excel database functions in Appendix A, along with pivot tables that allow you to turn your database inside out and look at your data in different ways.

## **Appendix B: The Analysis of Covariance**

The Analysis of Covariance (ANCOVA) is a statistical technique that combines two other techniques: analysis of variance and regression analysis. If you know how two variables are related, you can use that knowledge in some nifty ways, and this is one of the ways. The kicker is that Excel doesn't have a built-in tool for ANCOVA — but I show you how to use what Excel does have so you can get the job done.

## Bonus Appendix B1: When Your Data Live Elsewhere

This appendix is all about importing data into Excel — from the web, from databases, from text, and from PDF documents.

## Bonus Appendix B2: Tips for Teachers (and Learners)

Excel is terrific for managing, manipulating, and analyzing data. It's also a great tool for helping people understand statistical concepts. This appendix covers some ways for using Excel to do just that.

## Icons Used in This Book

As is the case with all *For Dummies* books, icons appear all over the place. Each one is a little picture in the margin that lets you know something special about the paragraph it's next to.



TIP

This icon points out a hint or a shortcut that can help you in your work and make you an all-around better human being.



REMEMBER

This one points out timeless wisdom to take with you long after you finish this book, young Jedi.



WARNING

Pay attention to this icon. It's a reminder to avoid something that might gum up the works for you.



TECHNICAL  
STUFF

As I mention earlier, in the section “What You Can Safely Skip,” this icon indicates material you can blow right past if statistics and Excel aren't your passion.

# Where to Go from Here

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You can start the book anywhere, but here are a few hints. Want to learn the foundations of statistics? Turn the page. Introduce yourself to Excel's statistical features? That's Chapter 2. Want to start with graphics? Hit Chapter 3. For anything else, find it in the table of contents or in the index and go for it.

In addition to what you're reading right now, this book also comes with a free, access-anywhere Cheat Sheet that will help you quickly use the tools I discuss. To get this Cheat Sheet, visit [www.dummies.com](http://www.dummies.com) and search for "Statistical Analysis with Excel For Dummies Cheat Sheet" in the Search box. And don't forget to check out the bonus content on this book's companion website at [www.dummies.com/go/statisticalanalysiswexcel4e](http://www.dummies.com/go/statisticalanalysiswexcel4e).



# **1 Getting Started with Statistical Analysis with Excel: A Marriage Made in Heaven**

**IN THIS PART . . .**

Find out about Excel's statistical capabilities

Explore how to work with populations and samples

Test your hypotheses

Understand errors in decision making

Determine independent and dependent variables

#### IN THIS CHAPTER

Introducing statistical concepts

Generalizing from samples to populations

Getting into probability

Making decisions

New and old features in Excel 2016

Understanding important Excel fundamentals

## Chapter 1

# Evaluating Data in the Real World

**T**he field of statistics is all about decision-making — decision-making based on groups of numbers. Statisticians constantly ask questions: What do the numbers tell us? What are the trends? What predictions can we make? What conclusions can we draw?

To answer these questions, statisticians have developed an impressive array of analytical tools. These tools help us to make sense of the mountains of data that are out there waiting for us to delve into, and to understand the numbers we generate in the course of our own work.

## The Statistical (and Related) Notions You Just Have to Know

Because intensive calculation is often part and parcel of the statistician's tool set, many people have the misconception that statistics is about number crunching.

Number crunching is just one small part of the path to sound decisions, however.

By shouldering the number-crunching load, software increases our speed of traveling down that path. Some software packages are specialized for statistical analysis and contain many of the tools that statisticians use. Although not marketed specifically as a statistical package, Excel provides a number of these tools, which is why I wrote this book.

I said that number crunching is a small part of the path to sound decisions. The most important part is the concepts statisticians work with, and that's what I talk about for most of the rest of this chapter.

## Samples and populations

On election night, TV commentators routinely predict the outcome of elections before the polls close. Most of the time they're right. How do they do that?

The trick is to interview a sample of voters after they cast their ballots. Assuming the voters tell the truth about whom they voted for, and assuming the sample truly represents the population, network analysts use the sample data to generalize to the population of voters.

This is the job of a statistician — to use the findings from a sample to make a decision about the population from which the sample comes. But sometimes those decisions don't turn out the way the numbers predicted. History buffs are probably familiar with the memorable picture of President Harry Truman holding up a copy of the *Chicago Daily Tribune* with the famous, but wrong, headline “Dewey Defeats Truman” after the 1948 election. Part of the statistician's job is to express how much confidence he or she has in the decision.

Another election-related example speaks to the idea of the confidence in the decision. Pre-election polls (again, assuming a representative sample of voters) tell you the percentage of sampled voters who prefer each candidate. The polling organization adds how accurate it believes the polls are. When you hear a newscaster say something like “accurate to within 3 percent,” you're hearing a judgment about confidence.

Here's another example. Suppose you've been assigned to find the average reading speed of all fifth-grade children in the United States but you haven't got the time or the money to test them all. What would you do?

Your best bet is to take a sample of fifth-graders, measure their reading speeds (in words per minute), and calculate the average of the reading speeds in the sample. You can then use the sample average as an estimate of the population average.

Estimating the population average is one kind of *inference* that statisticians make from sample data. I discuss inference in more detail in the upcoming section “Inferential Statistics: Testing Hypotheses.”



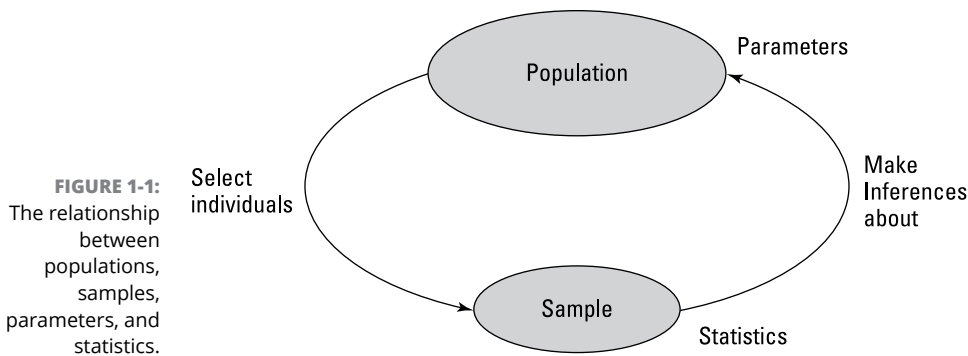
REMEMBER

Here’s some terminology you have to know: Characteristics of a population (like the population average) are called *parameters*, and characteristics of a sample (like the sample average) are called *statistics*. When you confine your field of view to samples, your statistics are *descriptive*. When you broaden your horizons and concern yourself with populations, your statistics are *inferential*.



REMEMBER

And here’s a notation convention you have to know: Statisticians use Greek letters ( $\mu$ ,  $\sigma$ ,  $\rho$ ) to stand for parameters, and English letters ( $\bar{X}$ ,  $s$ ,  $r$ ) to stand for statistics. Figure 1-1 summarizes the relationship between populations and samples, and parameters and statistics.



## Variables: Dependent and independent

Simply put, a *variable* is something that can take on more than one value. (Something that can have only one value is called a *constant*.) Some variables you might be familiar with are today’s temperature, the Dow Jones Industrial Average, your age, and the value of the dollar against the euro.

Statisticians care about two kinds of variables: *independent* and *dependent*. Each kind of variable crops up in any study or experiment, and statisticians assess the relationship between them.

For example, imagine a new way of teaching reading that's intended to increase the reading speed of fifth-graders. Before putting this new method into schools, it would be a good idea to test it. To do that, a researcher would randomly assign a sample of fifth-grade students to one of two groups: One group receives instruction via the new method, and the other receives instruction via traditional methods. Before and after both groups receive instruction, the researcher measures the reading speeds of all the children in this study. What happens next? I get to that in the upcoming section "Inferential Statistics: Testing Hypotheses."

For now, understand that the independent variable here is Method of Instruction. The two possible values of this variable are New and Traditional. The dependent variable is reading speed — which you might measure in words per minute.



REMEMBER



REMEMBER

In general, the idea is to find out if changes in the independent variable are associated with changes in the dependent variable.

In the examples that appear throughout the book, I show you how to use Excel to calculate various characteristics of groups of scores. Keep in mind that each time I show you a group of scores, I'm really talking about the values of a dependent variable.

## Types of data

Data come in four kinds. When you work with a variable, the way you work with it depends on what kind of data it is.

The first variety is called *nominal* data. If a number is a piece of nominal data, it's just a name. Its value doesn't signify anything. A good example is the number on an athlete's jersey. It's just a way of identifying the athlete and distinguishing him or her from teammates. The number doesn't indicate the athlete's level of skill.

Next come ordinal data. *Ordinal* data are all about order, and numbers begin to take on meaning over and above just being identifiers. A higher number indicates the presence of more of a particular attribute than a lower number. One example is the *Mohs scale*: Used since 1822, it's a scale whose values are 1 through 10; mineralogists use this scale to rate the hardness of substances. Diamond, rated at 10, is the hardest. Talc, rated at 1, is the softest. A substance that has a given rating can scratch any substance that has a lower rating.

What's missing from the Mohs scale (and from all ordinal data) is the idea of equal intervals and equal differences. The difference between a hardness of 10 and a hardness of 8 is not the same as the difference between a hardness of 6 and a hardness of 4.