

STICKINGS TO GO

Warm-Up exercises for Drums

by André Oettel



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Introduction Manual

STICKINGS TO GO is a collection of Warm-Up and technique exercises that can be practiced on the snare drum or a drumpad.

In the first two sections **I and II**, you play groups of **two to six strokes per hand**, and continue to fill in the sixteenths with the other hand. The first note of these figures is whether an **accent in I**, or as in **II played with a flam**.

Chapter III contains exercises with **double strokes**, in a similar order to I and II, by performing two up to six notes led per hand.

First as a separate movement, then as an alternative single stroke sticking and finally as a double stroke combination. At the end of this page, there is a separate summary in addition.

From **Chapter IV** on, notes in **regular notation** (eight and sixteenth notes, triplets, quintuplets, etc.) are shown in $\frac{1}{4}$ and $\frac{2}{4}$ meter respectively. Here you will find exercises with **accents, flams and double strokes**. **Chapter VII** finally sums it up with **various** more sophisticated **phrasings and combinations**.

There are **different stickings** for each exercise, which are written **below the respective pattern**.

Choose a speed at which you feel comfortable for one or all exercises.
"Speed does not matter!!!"

Keep drumming and have fun

André Oettel

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