Kim Heldman

# Project Management JumpStart

The Best First Step Toward a Career in Project Management



SERIOUS SKILLS.

# Project Management \_\_\_\_\_JumpStart

**Third Edition** 

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**Kim Heldman, PMP** 



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Neil Edde Vice President and Publisher Sybex, an Imprint of Wiley

To BB, my best friend and forever love

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Kim Heldman is the author of other project management books, including the best-selling *PMP: Project Management Professional Study Guide*, 6th Edition, and co-author of *CompTIA Project*+. You can learn more about Kim at her website: http:/KimHeldman.com.

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# Introduction

This book was written with those of you in mind who are exploring the project management field or perhaps have been assigned to your first project.

Project management encompasses almost all aspects of our lives, not just our working lives. If you think about it, many things you do — from organizing a dinner party to planning a child's birthday celebration to bringing a new product to market — are projects. The principles you'll learn in this book will help you with all the project work you'll find yourself involved with.

Project management crosses all industries. My own personal searches on some of the popular job-hunting websites have shown that organizations are understanding the importance of employing skilled project managers. In these tight economic times, organizations are less likely to take on risky projects, and they want assurances that if they do take on a new project, it will be successful. Reading this book will give you a solid footing in project management practices. If you apply the principles you'll learn here, you'll give your future projects a much better chance at success.

If you find that this topic interests you and project management seems like a career worth pursuing, I strongly recommend you consider becoming certified through the Project Management Institute (PMI). They are the de facto standard in project management methodologies. You'll find in your own job searches that many organizations now require a PMP certification. PMP stands for Project Management Professional and is the designation that PMI bestows on those who qualify and pass the exam.

Reading this book will give you a jump start on understanding the principles of project management. From here, you can build on this knowledge by taking project management classes, reading other books on project management, and networking with others in your organization or community involved in project management work. This book is based on the project management guidelines recommended by PMI, and many of the terms, concepts, and processes you'll read about in this book are based on PMI's publication, *Guide to the Project Management Body of Knowledge (PMBOK), 4<sup>th</sup> Edition.* 

For a more detailed exploration of project management in general and the PMP certification specifically, pick up a copy of another book I've written called *PMP: Project Management Professional Study Guide, 6th Edition,* also published by Sybex.

Whether you choose to pursue certification or not, a basic understanding of project management practices is invaluable. During the course of your career, you'll be involved in several projects. Even if you are not the one managing the NOTE

project, understanding how project management works, what a project life cycle is, and how to plan and execute a project will enhance your ability to communicate with others on the project team and know what process should be followed to assure a successful outcome.

# Who Should Read This Book

This book was written for those of you fairly new to project management and lays the foundation for an understanding of the basic principles of good project management methodologies. Even if you've had some experience in the project management field, you'll find the example projects, templates, and checklists included in this book immediately applicable to your next project.

The fact that you purchased this book means you're interested in learning new things and furthering your career. Having a solid understanding of project management practices will help you increase your marketability. Your knowledge and practice of the principles outlined in this book will help assure employers that you understand how to bring a project to a successful closure, thereby saving them time and money. If you choose to take this endeavor one step further and become certified, you will increase your chances for advancement and improve your odds for landing the higher-paying project management positions. Potential employers will interpret your pursuit of project management knowledge and certification as assertive and forward-thinking, and they know that this will ultimately translate to success for their organization.

# What This Book Covers

This book walks you through the project life cycle from beginning to end, just like projects are performed in practice. We've included many useful examples, tips, and hints that will help you solve common project management dilemmas. The chapters are designed to follow the project life cycle. Here's a high-level overview of what this book entails:

**Chapters 1–2** These chapters lay the foundation of project management and delve into definitions, project life cycles, and the skills that all good project managers need for success.

**Chapters 3–4** This section deals with the Initiation and Planning processes of the project life cycle. Here you'll learn why project charters are important and how to set project goals and document the requirements.

**Chapters 5–7** These chapters walk you through breaking down the work of the project into manageable components, acquiring resources, and identifying and planning for risks.

**Chapters 8–9** A large part of the planning work is done. Now you'll pull it all together into a final project plan, including a project schedule, final estimates, and the project budget.

**Chapters 10–11** Now the work of the project begins. Here we'll cover the Executing and Monitoring and Controlling processes, including such tasks as team building, reporting project status, monitoring project performance, and taking corrective action.

Chapter 12 Finally, the book wraps up with the project closeout process.

# Making the Most of This Book

At the beginning of each chapter, you'll find a list of topics that the chapter will cover. You'll find new terms defined in the margins of the pages to help you quickly get up to speed on project management–specific terminology. In addition, several special elements highlight important information.

Notes provide extra information and references to related information.	NOTE
Tips are insights that help you perform tasks more easily and effectively.	TIP
Warnings let you know about things that you should do — or shouldn't do — as you perform project management tasks.	WARNING
You'll find several review questions at the end of each chapter to test your knowledge of the material covered. You can find the answers to the review	

questions in Appendix A. You'll also find a list of terms to know at the end of each chapter that will help you review the key terms introduced in each chapter. These terms are defined in the glossary toward the end of the book.

We've also provided all the templates you'll encounter throughout the book in Appendix B. Appendix C contains all the checklists. These are ready for you to use or modify according to your needs.

# Chapter 1

# **Building the Foundation**

Welcome to the world of project management. Chances are you've already had some experience with project management, whether you've called it that or not. Maybe you've helped organize your company's annual conference or been involved with a new product launch. At some point in your personal or professional life, you've probably used some sort of process to get from the beginning of the project to the end results.

You'll discover through the course of this book that you may already use some of the processes we'll talk about, but you may never have realized they were formalized procedures. I'll add some new twists and tricks to those processes that you'll want to try. You'll also learn some new techniques and procedures that will enhance your project management experiences and help you run your next project smoothly and effortlessly. (OK, that might be stretching it a bit, but your project will run more efficiently.)

In this chapter, we'll start building the foundation of good project management processes.

#### In This Chapter

- The definition of project management
- Different organizational structures
- The project management process groups
- Project criteria
- Constraints and their impacts
- Project management certification

#### project management

The process of applying knowledge, skills, tools, and techniques to describe, organize, and monitor the work of the project in order to accomplish the goals of the project.

## **The Project Management Journey**

Start your engines — we're ready to lay the foundation for building and managing your project. In this chapter, we'll start with a definition of a project, and then we'll take a high-level look at some of the processes and plans you'll build throughout the rest of the book and how you'll benefit from using solid project management techniques when managing your next project. We'll also cover organizational foundations before moving on to the project processes themselves. Here we go.

## Is It a Project?

How do you know whether your new work assignment is a project or whether it's going to benefit from *project management* techniques? If you're like most of us, once you get to work and settle in for the day, you check your email and voice mail and touch base with some of the other folks on your team. The boss may drop by and ask for a status report on a problem you've been working on, gently nudging you to get back to it. All of these tasks are everyday work. They don't really have a beginning or end; they're ongoing. Projects are not everyday work. In order for work to be considered a project, it must meet a certain set of criteria.

Projects set out to produce a unique product or service that hasn't been produced before. They have a limited timeframe and are temporary in nature. This means that projects have a definite beginning and ending. You can determine that a project is complete by comparing its end result or product to the objectives and deliverables stated in the project plan.

Everyday work is ongoing. Production processes are an example of ongoing operations. Maybe you love popping a handful of chocolate drops into your mouth mid-afternoon for a quick treat. Producing those chocolate drops is an example of ongoing operations. The production line knows how many candies to produce, what colors to coat them with, how many go in a package, and so on. Every day, hundreds of thousands of those little drops make their way into bags, onto the store shelves, and eventually into our mouths — yum. But the production of these candies is not a project.

Now let's say that the management team has decided it's time to introduce a new line of candy. You've been tasked with producing the new candy flavor and shape. You assemble a research team to come up with a new candy formula. The marketing team gathers some data, which shows that the new candy has real potential with the consumers. The candy is produced according to plan, monitored for adherence to the original formula and design, and shipped to the stores. Is this a project or ongoing operations?

The answer is, this is a project even though candy making is something the company does every day. The production of chocolate drops is considered an ongoing operation. The new candy, however, is a unique product because the company has never produced this flavor and shape of candy. Remember that

3

projects are originated to bring about a product or service that hasn't existed before. The new candy project was kicked off, carried out, monitored, and then ended when all the requirements were met. Candy production didn't stop there, though. At the end of this project, the production of the candy was turned over to ongoing operations and absorbed into the everyday work of the company. The project ended in this case by being assimilated into the ongoing operations of the company. Table 1.1 recaps the characteristics of projects versus ongoing operations.

Table	1.1	Projects versus	ongoing operations
		110,0000 101000	ongoing operatione

Projects	Ongoing operations
Definite beginning and end.	No definitive beginning and end.
Temporary in nature.	Ongoing.
Produces a unique product, service, or result.	Produces the same product, ser- vice, or result over and over.
Resources are dedicated to the project.	Resources are dedicated to operations.
Ending is determined by specific criteria.	Processes are not completed.

#### Where Are We Going?

When you start out on a journey, it helps to have the destination in mind. We've embarked on a project management discovery journey, so I'd like to start by describing where we'll be when we've finished.

The end of the project is the time to reflect on the processes used to complete the activities, to determine whether the *customer* is satisfied with the product the project set out to produce, and to document the lessons learned throughout the course of the project (among other things). You will be able to use this book to guide you from start to finish through your next small or medium-sized project so that you can easily assess those factors not only at the end of the project but as you progress through the project as well. (I consider large projects to be along the lines of building rocket ships, constructing major highways, or writing the latest, greatest software program that will automatically do your grocery shopping and monitor your golf swing all at the same time.) If you're just starting out in project management, you probably aren't heading up a largescale project. But rest assured that all those small and medium-sized projects will teach you a great deal about project management and will start you well on the way to bigger and better opportunities as your experience grows.

#### customer

The end user or recipient of the product, service, or result of the project. Customers may be internal or external to the organization. NOTE

When you're just starting out, don't discount the experience you'll gain by working on small projects. Large projects are really a lot of smaller projects all lumped into one. The stepping stones to large project work are created by a history of success with small and medium-sized projects.

Included in this and each subsequent chapter you'll find discussions of the process at hand, examples so that you can apply what you're learning, and templates that you can use or modify to complete your project documentation. Now let's take a high-level look at a completed project.

### A Bird's-Eye View

Our first example of a project is this book you're holding. You haven't yet read the entire book (unless, of course, this is your second time through). No doubt you're asking yourself, "Will this book give me the information I'm looking for?" or perhaps, "Will I be able to run my next project more efficiently as a result of reading this book?" Of course, I think the answer to both of these questions is, "Yes," but you don't know that yet. After you've finished the book, you'll know the answers to these questions and be able to reflect and discover that you did learn some new things and your project management tool bag is much better equipped for your next project. In other words, you've satisfied your curiosity and increased your knowledge of project management.

Projects work the same way. As the project manager, your primary concern throughout the project and particularly at the end of the project is, "Did I meet the customer's requirements to their satisfaction?" If you've followed the appropriate project management processes correctly, you're well on your way to having a successful answer to that question. At the end of the project, you'll document the things you've learned for use in future projects, which will help you improve the process the next time around.

Projects come about as a result of a need, and that need relates to the customer's expectations concerning the end result. But how do we get there? How do we know the customer is going to be satisfied? Table 1.2 is a bird's-eye view checklist that outlines the plans we'll create and the processes we'll practice during the course of a project. Don't worry that you may not understand everything on this list — I'll describe each of these areas in detail as we go. We'll revisit this list in a similar format one more time later in this book in Appendix C, "Sample Project Management Checklists."

You can also download this checklist of project processes from www.sybex.com/ go/projectmanagementjumpstart3.

NOTE

Complete	Process or document name	Notes
	Project charter	Created by project manager with input from the project sponsor and key stakeholders. Describes proj- ect purpose and outcomes.
	Cost-benefit analysis	Created by project manager with stakeholder input. Determines whether the project is financially beneficial to the organization. Sometimes this is done prior to the project to determine whether the project should even be undertaken.
	Assumptions and constraints	Created by project manager with stakeholder input. Describes assumptions and project constraints.
	Project scope statement	Created by project manager. Signed by project sponsor and stakeholders. Project manager works with project team and stake- holders to define and document project deliverables in the scope statement.
	Critical success factors	Defines what must be done to determine whether the project will be deemed successful. Can be included with the scope statement.
	Communications plan	Created by project manager. Describes the information needs of stakeholders and the project team and how the information is distributed.
	Work breakdown structure (WBS)	Created by project manager. Formatted as a deliverable-oriented hierarchy that defines the work of the project.

#### Table 1.2 Checklist of project processes

Complete	Process or document name	Notes
	Roles and responsibility matrix	Created by project manager. Ties roles and responsibilities of project team members with WBS elements.
	Resource plan	Created by project manager. Describes physical resources and human resources needed to com- plete the project.
	Procurement plan	Created by project manager or procurement team. Describes resources or services to be pur- chased from an outside provider.
	Risk management plan	Created by project manager or risk analysis team. Identifies, describes, and plans for project risks.
	Quality plan	Created by project manager or quality team. Describes how qual- ity will be assured and measured.
	Project schedule	Created by project manager. Displays task dependencies, task durations, and milestones. Used to determine the critical path.
	Project budget	Created by project manager or financial team. Determines targeted costs of project.
	Change management plan	Created by project manager. Describes how changes will be identified and managed.
	Implementation checklist	Created by project manager. Describes issues to be discussed at turnover to internal depart- ments or the customer.
	Lessons learned	Created by project manager with input from sponsor, stakehold- ers, and team members. Provides information to improve perfor- mance on future projects.

 Table 1.2
 Checklist of project processes (continued)