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Galen Gruman

Author of all editions of InDesign* For Dummies

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by Galen Gruman



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About the Author

Galen Gruman has been doing production of newspapers, magazines, and books for about 35 years, having caught the layout and production bug from his junior high school newspaper. He was involved in one of the first desktop publishing efforts of a national publication in the early 1980s and has reviewed desktop publishing software for both InfoWorld (IDG Enterprise) and Macworld (Mac Publishing) until the late 1990s. Since 1990, he's co-authored or written a series of how-to books for the publisher of this book, John Wiley & Sons, for most of the major layout programs of their eras: PageMaker. OuarkXPress. and InDesign. Gruman has also been doing some website coding and production over the last decade and has produced e-books for Wiley in the more recent years, in addition to his day job as the InfoWorld.com website's executive editor. iBooks Author represents the next wave of publishing, so of course he had to learn — and teach — this tool, as well.

Publisher's Acknowledgments

We're proud of this book; please send us your comments at http://dummies.custhelp.com. For other comments, please contact our Customer Care Department within the U.S. at 877-762-2974, outside the U.S. at 317-572-3993, or fax 317-572-4002.

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Introduction

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n e-book is no longer just a book you read on a computer, tablet, smartphone, or e-reader. Thanks to Apple's iBooks Author software, an e-book can be a dynamic experience, letting readers explore information through interactive graphics, audio and video recordings, slideshow presentations, and live web widgets (a snippet of web functionality, not a full website or web page).

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This book won't teach you how to create videos, websites, slideshows, or 3D graphics. You need to use the appropriate tools for each of those, which I point you to in the following section.

This book does explain how to prepare your content for use in iBooks Author, lay out an e-book optimally for reading on the iPad, and distribute your e-book to iPad users.

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You also need an iPad. Well, strictly speaking, you don't need an iPad because you can preview your e-book on the Mac, but realistically, you want an iPad to test your e-books in the actual environment in which they'll be used. Any model will do; the free iBooks 2.0 (or later) application that supports the iBooks Author format runs on all versions of the iPad, as long as you have the current (iOS 5 or later) operating system installed. (Your readers thus also need iPads running iOS 5 and iBooks 2.0, or later versions.)

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Conventions Used in This Book

Throughout this book, I describe how to use the mouse and keyboard shortcuts for many of the applications covered. In doing so, I use the terms in the following sections to explain mouse, trackpad, and keyboard actions.

Mouse and trackpad conventions

I ask you to use your mouse or trackpad to run your Mac and all the applications that help you get work done. When I do, I use the following terms:

Click: Most Mac mice have only one button, but some have two or more. If you have a multi-button mouse, quickly press and release the leftmost mouse button once when I say to click the mouse. On an Apple Mighty Mouse or Magic Mouse, click the left side of the top surface. (For other mice that have only one button, just press and release the button you have.) If you're using a MacBook laptop or Magic Trackpad, click the trackpad.

- ✓ Double-click: When I say to double-click, quickly press and release the leftmost mouse button twice (if your mouse has only one button, just press and release twice the button you have). On some multi-button mice, one of the buttons can function as a double-click (you click it once, the mouse clicks twice); if your mouse has this feature, use it — it saves strain on your hand. You can also double-click a trackpad.
- ✓ Right-click: Right-clicking means clicking the right mouse button. (With an Apple Mighty Mouse or Magic Mouse, you can click the right side of the top surface to get a right-click; just be sure to enable that capability in the Mouse system preference.) On a Mac's one-button mouse, hold the Control key when clicking the mouse button to achieve the right-click effect. On multi-button Mac mice, Mac OS X automatically assigns the right button to Control-click. On a MacBook's trackpad, hold the Control key when clicking the trackpad. Newer MacBooks and the Magic Trackpad can also be configured to right-click by tapping the lower-right corner of the trackpad or tapping with two fingers.
- ✓ Drag: Dragging is used for moving and sizing items in a document. To drag an item, position the mouse pointer on it. Press and hold the mouse button, and then slide the mouse across a flat surface to drag the item. Release the mouse button to drop the dragged item in its new location. You can also drag by using the trackpad in the same fashion.

Menu commands

The commands that you select by using the program menus appear in this book in normal typeface.

Mac OS X has several kinds of menus:

- Menus: All Mac OS X applications, including the Finder, display their main menu options at the top of the screen, in OS X's menu bar. Click a menu heading to see its menu options, and click the desired menu option to choose it.
- Pop-up menus: Within an application's dialog boxes, panels, toolbars, and other user-interface elements, you may see menus indicated by a set of triangles (one pointing up and one pointing down) or a single down-pointing triangle. (Technically, those with the down-pointing triangle are called *pull-down menus*, but for simplicity, I call them all pop-up menus because they all work the same way.) Such pop-up menus have several presentation styles:

- Displayed in a rounded rectangle
- Have a name or icon with the menu indicator (the triangle icon) to its right
- Have their options in a white box (which means they're fields whose options you can simply enter yourself, such as a font name, rather than use the menu options)

Pop-up menus that use icons rather than text labels are called *icon menus*. Click a pop-up menu to see its menu options, and click the desired menu option to choose it.

✓ Contextual menus: Some menus are invisible until you rightclick or Control-click an object on the screen. A menu of options appears next to where you right-clicked or Controlclicked; click the desired menu option to choose it.

If no contextual menu appears, it means that particular object has no options or that you have to use some other means (such as a dialog box or panel) to apply options to that object.



When you choose some menu commands, a related submenu appears with additional options. You can tell that a menu option has such a submenu because a right-facing triangle appears to the far left of the menu option's name or icon.

If I describe a situation in which you need to select one menu and then choose a command from a secondary menu or list box, I use an arrow symbol. For example, if I tell you to choose Edit Paste, you choose the Paste menu option from the Edit menu.

Keyboard conventions

If you're a Windows user new to the Mac, the Return key on the Mac is the same as the Enter key on a PC keyboard, and the Delete key on the Mac is the same as the Backspace key on a PC.

If you're supposed to press several keys at the same time, I indicate that by placing plus signs (+) between them. Thus, Control+#+A means press and hold the Control key and the Command key, and then press the A key. After you press the A key, let go of all three keys.

I use the hyphen (-) to join keys to mouse and touchpad movements. For example, Option-drag means to hold the Option key while dragging the mouse or your finger.

I provide programming code, full filenames, or filename extensions by formatting such text in a typewriter-like font, like this.

6

Gesture conventions

Because iBooks Author is a Mac application, it doesn't really take advantage of gestures beyond scrolling. But the e-books you produce do respond to gestures when on the iPad, so here's a quick rundown of the gestures your readers are likely to use (and that you should use when testing your e-book in iBooks on an iPad):

- ✓ Tap: The most common iPad gesture. It's commonly used to select an item or press a virtual button. To perform a tap, hold your finger over the iPad screen and then quickly touch the screen and lift your finger back up. In other words, tap it.
- ✓ Double-tap: Two quick taps in succession. In iBooks, it can act like a contextual mouse click (a right-click) on the Mac or PC, displaying a contextual menu of options for the text you tap. This gesture also can launch a media object and advance slides in a slideshow.
- Swipe: The most common gesture to quickly move through the contents within a window or pane. To swipe on the iPad, place your finger against the screen and drag it for a second or two up and down, or right and left, as the context requires. For example, in iBooks, you can swipe to the left or right to move to the previous or next page, respectively.
- ✓ Scroll: The most common gesture to move through items on the screen, such as web pages and lists. iPad apps can use two kinds of scrolling gestures: dragging one or two fingers. Often, dragging two fingers scrolls within a pane or other fixed area, whereas dragging one finger drags the entire screen's contents. Unlike swiping, scrolling moves the contents as far as you drag your fingers proportionally to the screen's dimensions. In iBooks, a one-finger scroll is used to move from one page to another: Scroll to the left to go to the previous page; scroll to the right to go to the next page. If you scroll a page by using two fingers, you get the same effect as pinching a page. When scrolling, lift your finger off the screen when done. A swipe scrolls through one page's worth of contents in iBooks.
- Pinch: Many apps use the pinch gesture to zoom in. iBooks also uses the gesture to shrink a page and move it back to the book's bar of page previews (in landscape orientation) or open the book's table of contents (in portrait orientation). You can also use the pinch gesture to shrink a slideshow back to its container. To perform a pinch, place your thumb and index finger on the screen at the same time and then pinch them together.

- ✓ Expand: The opposite gesture of pinch is expand, which is used to zoom out, such as to make a slideshow expand from its container to the full screen. Put both your index finger and thumb on the screen close to each other, then move them away from each other.
- Rotate: Use the rotate gesture to rotate objects on the screen, such as 3D objects in iBooks. To do so, place your thumb and index finger on the screen as if starting the pinch gesture, but instead of pinching, rotate your fingers on the screen clockwise or counterclockwise.

Mac interface terms

Finally, let me explain some Mac OS X interface terms you probably don't know the names of but use every day:

- **Button:** An area, usually indicated via an outline around it, that you click to make the Mac do the button's function.
- Icon button: A button indicated via a graphical icon rather than by a word or phrase.
- Menu: A list of options for the current application that comes from the row of options at the very top of the screen. (The various types of menus are explained in the "Menu commands" section, earlier in this introduction.)
- Pop-up menu: A menu usually inside a dialog box, panel, bar, or other object, often indicated with either a down-pointing triangle to its right or a pair of triangles to its right.
- Icon menu: A menu indicated via a graphical icon, rather than by a word or phrase.
- Contextual menu: A menu of options for an object that appears when you right-click or Control-click that object.
- Field: A space in which you enter text to provide a value, such as the angle of rotation in the Rotation field.
- Stepper controls: A pair of triangles, usually one pointing up and one pointing down. When you click the triangles, the adjacent field's values either decrease or increase, depending on which triangle you click.
- ✓ Dialog box: A movable container for user controls pop-up menus, stepper controls, fields, buttons, and so on — that when open doesn't let you use other controls in the application. You usually have to click OK or Done to apply the settings and close the dialog box.

- **Panel:** A movable container for user controls that remains open and available for use; you can use other parts of the application when it's open.
- **Pane:** A division within a dialog box, window, or panel. Often, you move from one pane to the other by clicking a tab or label with its name. In some cases, the panes are adjacent to each other, such as in a French door's window panes.
- **Settings sheet:** A container for controls that appears at the top of a window or dialog box. Like a dialog box, it prevents you from using other controls until you close the settings sheet. Unlike a dialog box, you can't change its position.
- **Bar:** A fixed area of the application window that contains controls, often icon buttons. The most common bar is the toolbar that appears at the top of many application windows. Some bars can be hidden when not in use.
- *i* **Title bar:** The top area of a window, dialog box, or panel that indicates its name or its contents' name.
- Close box: The leftmost circular button in the title bar of a window or panel; clicking it closes the window or panel.

Icons in This Book



This icon highlights an important point that you don't want to forget because it just might come up again. Definitely pay attention to these details.



When this book discusses some really technical details, this icon warns you. Read the text that this icon point to get some non-essential information, or you can just skip ahead if you don't want the gory details.



Pay special attention to the paragraphs that feature this icon because they offer you useful tidbits and helpful solutions.



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All right, enough introduction. It's time to get into iBooks Author itself. Because iBooks Author is a new program and works differently than other programs you may be familiar with, such as word processors and page layout software, it's best to read the book's chapters in order so that you can build on the key concepts while you go along.

If you're impatient and experienced in other applications, you can skip or skim Chapter 1 and dive into Chapter 2, which lays out the fundamental concepts in iBooks Author that affect how you create the e-book itself and work within iBooks Author. And if you're an experienced user of Apple Pages, most of Chapter 3 will be familiar to you because iBooks Author uses the same techniques for editing text as Pages does; so you can just skim that chapter.

Some of the iBooks Author concepts — such as its different treatment of portrait and landscape orientations — really do bring you into new territory, so don't rush it. Read this book on your iPad, Kindle, or other device, and have iBooks Author running on your Mac so that you can actually try out the techniques and features this book describes. You can go from theory to practice that much faster.

Chapter 1 What iBooks Author Can Do for You

In This Chapter

Comparing types of e-books

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Understanding what sets iBooks Author apart

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The portrait orientation ignores most of the layout and instead presents the text as a long scroll. Visual elements often aren't visible in portrait orientation, and many of those that are look very different, as thumbnails that must be tapped to have the full version appear in a temporary window.

Figure 1-1 shows an example iBooks Author e-book in landscape orientation, and Figure 1-2 shows the same e-book in portrait orientation so that you can see some of the differences.