

small games with a huge fun factor

games

Muriel Sutter

Burner Motion

english version



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Workshop «Burner Games», international symposium for sport and PE, Taiwan 2010

Preface

«That's the Burner!» is a popular hip expression in our country, used by teenagers to describe something that is especially «cool», in this case «cool» games. The «Burner Games» are not based on any sport games in particular and there is no specific learning effect to be expected concerning a certain sport. But they are very attractive. They are «Burners». You might want to stop reading here if you think games involving chasing and shooting balls at each other are unsuitable for kids. These games require physical and mental strength. Stronger kids might experience more success. It is good for players to compete against each other, run, fight, chase and shoot each other down. This is more than just fun: One has to learn how to deal with frustration and defeat. Usually the players will also develop an adequate behaviour towards one another - the players will realise themselves that shooting down weaker players in helpless situations will not impress the others, although sometimes a helpful remark might be needed.

Besides, the games will improve a person's dexterity, reactions and depending on the game, also endurance and strength. All games have been used in practice. To simplify matters, this text uses the male pronoun. Of course, all the information applies equally to both sexes.

Preface

The right choice

Depending on class, situation and hour of the day one game might be more convenient than others. For that reason there are three separate sections: acquaintance- and communication games, warm up games and intensity games. For every game there are 1-3 flame symbols, characterising intensity and the amount of time and material needed.

Burner - Acquaintance- and Communication Games

These games are not only useful for starting off a lesson, they are also good to heighten spirits and break the ice when working with a new group. They are physically not too demanding and thus can also be used in everyday settings such as in the classroom, in camps or during project weeks.

Burner - Warm up Games

With these games, mind and muscles will instantly be activated. This collection contains the most popular tried and tested warm up games.

Burner - Intensity Games

In this chapter we will go all out. Creative role play, as well as wild chases and physical combat can be found here. Go for it!

Have fun with the Burner Games!

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Contents

Communication- & Acquaintance Games

Call Ball Banana-What? Bibedibibedibapp Ring-the-bell! 11-12-burned!

Warm Up Games

Peg-Snatch Dice Relay Race Playing Card Relay Race Rock-Paper-Scissors Relay Race **Couch Potato Chase Poisonous Smarties** Fossilized Start a family Tank Ball Shark Chase **Rabbit Chase** Ben Hur Flow Bulldozer League-Clean-Up **Chicken Panic** Fast Food

Burner-Intensity

Prison Ball Flounder-Prison Ball Special Agent-Prison Ball Neanderthal-Prison Ball

Mat-Prison Ball André Fight Waterloo-Game Couples-Dodge Ball Zombie-Dodge Ball Peter Pan and Tinkerbell-Dodge Ball Highway to Hell Grouse shooting Sour Sweets Matterhorn-Ball **Battle of Castles** 2vs2 Flying Football Dice-Football Lucky Football Top Scorer Striptease-Football Sissy Rugby

Annexe

Legend for the sketches