

Spices of the World



Jill Norman



Spices of the World



Jill Norman





The International Wine & Food Society

Established in London in 1933 by renowned wine connoisseur and gourmet André Simon, The International Wine & Food Society (IWFS) now has 141 branches in 29 countries, from Los Angeles to London, Bangkok to Bombay, with over 6,000 members spanning the globe.

Society members meet regularly to share their passion for good food and wine. As a member of a branch you are part of a team and the events organised are many and varied. You can push the boundaries trying new experiences, whether they are tastings hosted by experts, lunch at a local culinary school or dinner at an exciting new restaurant.

But it doesn't stop there. As part of this international organisation there are also many other opportunities. As well as local activities, the Society organises wine and gastronomic tours, publishes an annual vintage guide, monographs and quarterly newsletters, regionally and internationally, and offers many other dining and travel-related benefits. You are also provided with the name of a member from every one of our worldwide branches, so you have a contact almost everywhere you travel.

The Society operates in three zones – the Americas, Europe Africa and Asia Pacific. Visit our website and click on your zone. Locate a branch near you, look at upcoming events, view previous newsletters or visit our Blog to find out more. You could also become an independent member, or even set up a branch of your own. We'll help you along the way.

As a member of the IWFS the world of food and wine is within easy reach. Join us and embrace it...

*To find out more about becoming a member, visit our
website www.iwfs.org or call our international head office
on +44 (0)20 7827 5732*

Spices of the World



Jill Norman



The International Wine & Food Society

Contents

Introduction

1. Using spices at home
2. The history of spices
3. An A-Z of spices
4. Spice mixtures
5. Matching spicy food and wine

Where to buy spices

Bibliography