GREEN OFFECTIVE FOR OBESITY, HIGH BLOOD PRESSURE AND DIABETES TYPE 2

Health for drinking - Cheap, Good and Sustainable



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Green coffee improves the shape Green coffee improves mood Green coffee oil improves appearance

History of Coffee

In the twelfth century Year 1425 Coffee invasion of Europe 1652 - The first coffee shop in history Introduction of coffee to France in 1672 Introduction of coffee to Germany in 1721 Dilemma American introduction of coffee in 1700 18th century

Advantages and Disadvantages of Green Coffee

Major advantages of Green coffee Disadvantages of green coffee and contraindications to the use

Constituents of Green coffee

Chlorogenic acid Caffeine Trigonelline Cafestol and Kahweol Dietary fibers