The Food of the Gods and How It Came to Earth

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BOOK ONE. THE DAWN OF THE FOOD

I.

In the middle years of the nineteenth century there first became abundant in this strange world of ours a class of men, men tending for the most part to become elderly, who are called, and who are very properly called, but who dislike extremely to be called —"Scientists." They dislike that word so much that from the columns of *Nature*, which was from the first their distinctive and characteristic paper, it is as carefully excluded as if it were — that other word which is the basis of all really bad language in this country. But the Great Public and its Press know better, and "Scientists" they are, and when they emerge to any sort of publicity, "distinguished scientists" and "eminent scientists" and "well-known scientists" is the very least we call them.

Certainly both Mr. Bensington and Professor Redwood quite merited any of these terms long before they came upon the marvellous discovery of which this story tells. Mr. Bensington was a Fellow of the Royal Society and a former president of the Chemical Society, and Professor Redwood was Professor of Physiology in the Bond Street College of the London University, and he had been grossly libelled by the anti-vivisectionists time after time. And they had led lives of academic distinction from their very earliest youth.

They were of course quite undistinguished looking men, as indeed all true Scientists are. There is more personal distinction about the mildestmannered actor alive than there is about the entire Royal Society. Mr. Bensington was short and very, very bald, and he stooped slightly; he wore gold-rimmed spectacles and cloth boots that were abundantly cut open because of his numerous corns, and Professor Redwood was entirely ordinary in his appearance. Until they happened upon the Food of the Gods (as I must insist upon calling it) they led lives of such eminent and studious obscurity that it is hard to find anything whatever to tell the reader about them.

Mr. Bensington won his spurs (if one may use such an expression of a gentleman in boots of slashed cloth) by his splendid researches upon the More Toxic Alkaloids, and Professor Redwood rose to eminence — I do not clearly remember how he rose to eminence! I know he was very eminent, and that's all. Things of this sort grow. I fancy it was a voluminous work on Reaction Times with numerous plates of sphygmograph tracings (I write subject to correction) and an admirable new terminology, that did the thing for him.

The general public saw little or nothing of either of these gentlemen. Sometimes at places like the Royal Institution and the Society of Arts it did in a sort of way see Mr. Bensington, or at least his blushing baldness and something of his collar and coat, and hear fragments of a lecture or paper that he imagined himself to be reading audibly; and once I remember — one midday in the vanished past — when the British Association was at Dover, coming on Section C or D, or some such letter, which had taken up its quarters in a public-house, and following two, serious-looking ladies with paper parcels, out of mere curiosity, through a door labelled "Billiards" and "Pool" into a scandalous darkness, broken only by a magic-lantern circle of Redwood's tracings. I watched the lantern slides come and go, and listened to a voice (I forget what it was saying) which I believe was the voice of Professor Redwood, and there was a sizzling from the lantern and another sound that kept me there, still out of curiosity, until the lights were unexpectedly turned up. And then I perceived that this sound was the sound of the munching of buns and sandwiches and things that the assembled British Associates had come there to eat under cover of the magic-lantern darkness.

And Redwood I remember went on talking all the time the lights were up and dabbing at the place where his diagram ought to have been visible on the screen — and so it was again so soon as the darkness was restored. I remember him then as a most ordinary, slightly nervouslooking dark man, with an air of being preoccupied with something else, and doing what he was doing just then under an unaccountable sense of duty.

I heard Bensington also once — in the old days — at an educational conference in Bloomsbury. Like most eminent chemists and botanists, Mr. Bensington was very authoritative upon teaching — though I am certain he would have been scared out of his wits by an average Board School class in half-an-hour — and so far as I can remember now, he was propounding an improvement of Professor Armstrong's Heuristic method, whereby at the cost of three or four hundred pounds' worth of apparatus, a total neglect of all other studies and the undivided attention of a teacher of exceptional gifts, an average child might with a peculiar sort of thumby thoroughness learn in the course of ten or twelve years almost as much chemistry as one could get in one of those objectionable shilling text-books that were then so common.... Quite ordinary persons you perceive, both of them, outside their science. Or if anything on the unpractical side of ordinary. And that you will find is the case with "scientists" as a class all the world over. What there is great of them is an annoyance to their fellow scientists and a mystery to the general public, and what is not is evident. There is no doubt about what is not great, no race of men have such obvious littlenesses. They live in a narrow world so far as their human intercourse goes; their researches involve infinite attention and an

almost monastic seclusion; and what is left over is not very much. To witness some queer, shy, misshapen, greyheaded, self-important, little discoverer of great discoveries, ridiculously adorned with the wide ribbon of some order of chivalry and holding a reception of his fellowmen, or to read the anguish of *Nature* at the "neglect of science" when the angel of the birthday honours passes the Royal Society by, or to listen to one indefatigable lichenologist commenting on the work of another indefatigable lichenologist, such things force one to realise the unfaltering littleness of men.

And withal the reef of Science that these little "scientists" built and are yet building is so wonderful, so portentous, so full of mysterious half-shapen promises for the mighty future of man! They do not seem to realise the things they are doing! No doubt long ago even Mr. Bensington, when he chose this calling, when he consecrated his life to the alkaloids and their kindred compounds, had some inkling of the vision — more than an inkling. Without some such inspiration, for such glories and positions only as a "scientist" may expect, what young man would have given his life to such work, as young men do? No, they *must* have seen the glory, they must have had the vision, but so near that it has blinded them. The splendour has blinded them, mercifully, so that for the rest of their lives they can hold the lights of knowledge in comfort — that we may see!

And perhaps it accounts for Redwood's touch of preoccupation, that — there can be no doubt of it now — he among his fellows was different, he was different inasmuch as something of the vision still lingered in his eyes.

IÍ.

The Food of the Gods I call it, this substance that Mr. Bensington and Professor Redwood made between them; and having regard now to what it has already done and all that it is certainly going to do, there is surely no exaggeration in the name. So I shall continue to call it therefore throughout my story. But Mr. Bensington would no more have called it that in cold blood than he would have gone out from his flat in Sloane Street clad in regal scarlet and a wreath of laurel. The phrase was a mere first cry of astonishment from him. He called it the Food of the Gods, in his enthusiasm and for an hour or so at the most altogether. After that he decided he was being absurd. When he first thought of the thing he saw, as it were, a vista of enormous possibilities – literally enormous possibilities; but upon this dazzling vista, after one stare of amazement, he resolutely shut his eyes, even as a conscientious "scientist" should. After that, the Food of the Gods sounded blatant to the pitch of indecency. He was surprised he had used the expression. Yet for all that something of that clear-eyed moment hung about him and broke out ever and again. . . .

"Really, you know," he said, rubbing his hands together and laughing nervously, "it has more than a theoretical interest.

"For example," he confided, bringing his face close to the Professor's and dropping to an undertone, "it would perhaps, if suitably handled, *sell*....

"Precisely," he said, walking away — "as a Food. Or at least a food ingredient.

"Assuming of course that it is palatable. A thing we cannot know till we have prepared it."

He turned upon the hearthrug, and studied the carefully designed slits upon his cloth shoes.

"Name?" he said, looking up in response to an inquiry. "For my part I incline to the good old classical allusion. It — it makes Science res —. Gives it a touch of old-fashioned dignity. I have been thinking . . . I don't know if you will think it absurd of me. . . . A little fancy is surely occasionally permissible. . . . Herakleophorbia. Eh? The nutrition of a possible Hercules? You know it *might* . . .

"Of course if you think *not* —"

Redwood reflected with his eyes on the fire and made no objection. "You think it would do?"

Redwood moved his head gravely.

"It might be Titanophorbia, you know. Food of Titans.... You prefer the former?

"You're quite sure you don't think it a little *too* —" "No."

"Ah! I'm glad."

And so they called it Herakleophorbia throughout their investigations, and in their report — the report that was never published, because of the unexpected developments that upset all their arrangements — it is invariably written in that way. There were three kindred substances prepared before they hit on the one their speculations had foretolds and these they spoke of as Herakleophorbia I, Herakleophorbia II, and Herakleophorbia III. It is Herakleophorbia IV. which I— insisting upon Bensington's original name — call here the Food of the Gods. III.

The idea was Mr. Bensington's. But as it was suggested to him by one of Professor Redwood's contributions to the Philosophical Transactions, he very properly consulted that gentleman before he carried it further. Besides which it was, as a research, a physiological, quite as much as a chemical inquiry.

Professor Redwood was one of those scientific men who are addicted to tracings and curves. You are familiar — if you are at all the sort of reader I like — with the sort of scientific paper I mean. It is a paper you cannot make head nor tail of, and at the end come five or six long folded diagrams that open out and show peculiar zigzag tracings, flashes of lightning overdone, or sinuous inexplicable things called "smoothed curves" set up on ordinates and rooting in abscissae — and things like that. You puzzle over the thing for a long time and end with the suspicion that not only do you not understand it but that the author

does not understand it either. But really you know many of these scientific people understand the meaning of their own papers quite well: it is simply a defect of expression that raises the obstacle between us. I am inclined to think that Redwood thought in tracings and curves. And after his monumental work upon Reaction Times (the unscientific reader is exhorted to stick to it for a little bit longer and everything will be as clear as daylight) Redwood began to turn out smoothed curves and sphygmographeries upon Growth, and it was one of his papers upon Growth that really gave Mr. Bensington his idea.

Redwood, you know, had been measuring growing things of all sorts, kittens, puppies, sunflowers, mushrooms, bean plants, and (until his wife put a stop to it) his baby, and he showed that growth went out not at a regular pace, or, as he put it, so,



but with bursts and intermissions of this sort.

and that apparently nothing grew regularly and steadily, and so far as he could make out nothing could grow regularly and steadily: it was as if every living thing had just to accumulate force to grow, grew with vigour only for a time, and then had to wait for a space before it could go on growing again. And in the muffled and highly technical language of the really careful "scientist," Redwood suggested that the process of growth probably demanded the presence of a considerable quantity of some necessary substance in the blood that was only formed very slowly, and that when this substance was used up by growth, it was only very slowly replaced, and that meanwhile the organism had to mark time. He compared his unknown substance to oil in machinery. A growing animal was rather like an engine, he suggested, that can move a certain distance and must then be oiled before it can run again. ("But why shouldn't one oil the engine from without?" said Mr. Bensington, when he read the paper.) And all this, said Redwood, with the delightful nervous inconsecutiveness of his class, might very probably be found to

throw a light upon the mystery of certain of the ductless glands. As though they had anything to do with it at all!

In a subsequent communication Redwood went further. He gave a perfect Brock's benefit of diagrams — exactly like rocket trajectories they were; and the gist of it — so far as it had any gist — was that the blood of puppies and kittens and the sap of sunflowers and the juice of mushrooms in what he called the "growing phase" differed in the proportion of certain elements from their blood and sap on the days when they were not particularly growing.

And when Mr. Bensington, after holding the diagrams sideways and upside down, began to see what this difference was, a great amazement came upon him. Because, you see, the difference might probably be due to the presence of just the very substance he had recently been trying to isolate in his researches upon such alkaloids as are most stimulating to the nervous system. He put down Redwood's paper on the patent reading-desk that swung inconveniently from his arm-chair, took off his gold-rimmed spectacles, breathed on them and wiped them very carefully.

"By Jove!" said Mr. Bensington.

Then replacing his spectacles again he turned to the patent readingdesk, which immediately, as his elbow came against its arm, gave a coquettish squeak and deposited the paper, with all its diagrams in a dispersed and crumpled state, on the floor. "By Jove!" said Mr. Bensington, straining his stomach over the armchair with a patient disregard of the habits of this convenience, and then, finding the pamphlet still out of reach, he went down on all fours in pursuit. It was on the floor that the idea of calling it the Food of the Gods came to him.

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For you see, if he was right and Redwood was right, then by injecting or administering this new substance of his in food, he would do away with the "resting phase," and instead of growth going on in this fashion,



it would (if you follow me) go thus —

IV.

The night after his conversation with Redwood Mr. Bensington could scarcely sleep a wink. He did seem once to get into a sort of doze, but it was only for a moment, and then he dreamt he had dug a deep hole into the earth and poured in tons and tons of the Food of the Gods, and the earth was swelling and swelling, and all the boundaries of the countries were bursting, and the Royal Geographical Society was all at work like one great guild of tailors letting out the equator....

That of course was a ridiculous dream, but it shows the state of mental excitement into which Mr. Bensington got and the real value he attached to his idea, much better than any of the things he said or did when he was awake and on his guard. Or I should not have mentioned it, because as a general rule I do not think it is at all interesting for people to tell each other about their dreams.

By a singular coincidence Redwood also had a dream that night, and his dream was this:—

It was a diagram done in fire upon a long scroll of the abyss. And he (Redwood) was standing on a planet before a sort of black platform lecturing about the new sort of growth that was now possible, to the

More than Royal Institution of Primordial Forces — forces which had always previously, even in the growth of races, empires, planetary systems, and worlds, gone so:—

And even in some cases so:-



And he was explaining to them quite lucidly and convincingly that these slow, these even retrogressive methods would be very speedily quite put out of fashion by his discovery.

Ridiculous of course! But that too shows -

That either dream is to be regarded as in any way significant or prophetic beyond what I have categorically said, I do not for one moment suggest. I.

Mr. Bensington proposed originally to try this stuff, so soon as he was really able to prepare it, upon tadpoles. One always does try this sort of thing upon tadpoles to begin with; this being what tadpoles are for. And it was agreed that he should conduct the experiments and not Redwood, because Redwood's laboratory was occupied with the ballistic apparatus and animals necessary for an investigation into the Diurnal Variation in the Butting Frequency of the Young Bull Calf, an investigation that was yielding curves of an abnormal and very perplexing sort, and the presence of glass globes of tadpoles was extremely undesirable while this particular research was in progress.

But when Mr. Bensington conveyed to his cousin Jane something of what he had in mind, she put a prompt veto upon the importation of any considerable number of tadpoles, or any such experimental creatures, into their flat. She had no objection whatever to his use of one of the rooms of the flat for the purposes of a non-explosive chemistry that, so far as she was concerned, came to nothing; she let him have a gas furnace and a sink and a dust-tight cupboard of refuge from the weekly storm of cleaning she would not forego. And having known people addicted to drink, she regarded his solicitude for distinction in learned societies as an excellent substitute for the coarser form of depravity. But any sort of living things in quantity, "wriggly" as they were bound to be alive and "smelly" dead, she could not and would not abide. She said these things were certain to be unhealthy, and Bensington was notoriously a delicate man - it was nonsense to say he wasn't. And when Bensington tried to make the enormous importance of this possible discovery clear, she said that it was all very well, but if she consented to his making everything nasty and unwholesome in the place (and that was what it all came to) then she was certain he would be the first to complain.

And Mr. Bensington went up and down the room, regardless of his corns, and spoke to her quite firmly and angrily without the slightest effect. He said that nothing ought to stand in the way of the Advancement of Science, and she said that the Advancement of Science was one thing and having a lot of tadpoles in a flat was another; he said that in Germany it was an ascertained fact that a man with an idea like his would at once have twenty thousand properly-fitted cubic feet of laboratory placed at his disposal, and she said she was glad and always had been glad that she was not a German; he said that it would make him famous for ever, and she said it was much more likely to make him ill to have a lot of tadpoles in a flat like theirs; he said he was master in his own house, and she said that rather than wait on a lot of tadpoles she'd go as matron to a school; and then he asked her to be reasonable, and she asked *him* to be reasonable then and give up all this about tadpoles; and he said she might respect his ideas, and she said not if they were smelly she wouldn't, and then he gave way completely and said — in spite of the classical remarks of Huxley upon the subject — a bad word. Not a very bad word it was, but bad enough.

And after that she was greatly offended and had to be apologised to, and the prospect of ever trying the Food of the Gods upon tadpoles in their flat at any rate vanished completely in the apology.

So Bensington had to consider some other way of carrying out these experiments in feeding that would be necessary to demonstrate his discovery, so soon as he had his substance isolated and prepared. For some days he meditated upon the possibility of boarding out his tadpoles with some trustworthy person, and then the chance sight of the phrase in a newspaper turned his thoughts to an Experimental Farm.

And chicks. Directly he thought of it, he thought of it as a poultry farm. He was suddenly taken with a vision of wildly growing chicks. He conceived a picture of coops and runs, outsize and still more outsize coops, and runs progressively larger. Chicks are so accessible, so easily fed and observed, so much drier to handle and measure, that for his purpose tadpoles seemed to him now, in comparison with them, quite wild and uncontrollable beasts. He was quite puzzled to understand why he had not thought of chicks instead of tadpoles from the beginning. Among other things it would have saved all this trouble with his cousin Jane. And when he suggested this to Redwood, Redwood quite agreed with him.

Redwood said that in working so much upon needlessly small animals he was convinced experimental physiologists made a great mistake. It is exactly like making experiments in chemistry with an insufficient quantity of material; errors of observation and manipulation become disproportionately large. It was of extreme importance just at present that scientific men should assert their right to have their material big. That was why he was doing his present series of experiments at the Bond Street College upon Bull Calves, in spite of a certain amount of inconvenience to the students and professors of other subjects caused by their incidental levity in the corridors. But the curves he was getting were quite exceptionally interesting, and would, when published, amply justify his choice. For his own part, were it not for the inadequate endowment of science in this country, he would never, if he could avoid it, work on anything smaller than a whale. But a Public Vivarium on a sufficient scale to render this possible was, he feared, at present, in this country at any rate, a Utopian demand. In Germany – Etc. As Redwood's Bull calves needed his daily attention, the selection and equipment of the Experimental Farm fell largely on Bensington. The

entire cost also, was, it was understood, to be defrayed by Bensington, at least until a grant could be obtained. Accordingly he alternated his work in the laboratory of his flat with farm hunting up and down the lines that run southward out of London, and his peering spectacles, his simple baldness, and his lacerated cloth shoes filled the owners of numerous undesirable properties with vain hopes. And he advertised in several daily papers and *Nature* for a responsible couple (married), punctual, active, and used to poultry, to take entire charge of an Experimental Farm of three acres.

He found the place he seemed in need of at Hickleybrow, near Urshot, in Kent. It was a little queer isolated place, in a dell surrounded by old pine woods that were black and forbidding at night. A humped shoulder of down cut it off from the sunset, and a gaunt well with a shattered penthouse dwarfed the dwelling. The little house was creeperless, several windows were broken, and the cart shed had a black shadow at midday. It was a mile and a half from the end house of the village, and its loneliness was very doubtfully relieved by an ambiguous family of echoes.

The place impressed Bensington as being eminently adapted to the requirements of scientific research. He walked over the premises sketching out coops and runs with a sweeping arm, and he found the kitchen capable of accommodating a series of incubators and foster mothers with the very minimum of alteration. He took the place there and then; on his way back to London he stopped at Dunton Green and closed with an eligible couple that had answered his advertisements, and that same evening he succeeded in isolating a sufficient quantity of Herakleophorbia I. to more than justify these engagements. The eligible couple who were destined under Mr. Bensington to be the first almoners on earth of the Food of the Gods, were not only very perceptibly aged, but also extremely dirty. This latter point Mr. Bensington did not observe, because nothing destroys the powers of general observation quite so much as a life of experimental science. They were named Skinner, Mr. and Mrs. Skinner, and Mr. Bensington interviewed them in a small room with hermetically sealed windows, a spotted overmantel looking-glass, and some ailing calceolarias. Mrs. Skinner was a very little old woman, capless, with dirty white hair drawn back very very tightly from a face that had begun by being chiefly, and was now, through the loss of teeth and chin, and the wrinkling up of everything else, ending by being almost exclusively – nose. She was dressed in slate colour (so far as her dress had any colour) slashed in one place with red flannel. She let him in and talked to him guardedly and peered at him round and over her nose, while Mr. Skinner she alleged made some alteration in his toilette. She had one tooth that got into her articulations and she held her two long wrinkled hands nervously together. She told Mr. Bensington that she had

managed fowls for years; and knew all about incubators; in fact, they themselves had run a Poultry Farm at one time, and it had only failed at last through the want of pupils. "It's the pupils as pay," said Mrs. Skinner.

Mr. Skinner, when he appeared, was a large-faced man, with a lisp and a squint that made him look over the top of your head, slashed slippers that appealed to Mr. Bensington's sympathies, and a manifest shortness of buttons. He held his coat and shirt together with one hand and traced patterns on the black-and-gold tablecloth with the index finger of the other, while his disengaged eye watched Mr. Bensington's sword of Damocles, so to speak, with an expression of sad detachment. "You don't want to run thith Farm for profit. No, Thir. Ith all the thame, Thir. Ekthperimenth! Prethithely."

He said they could go to the farm at once. He was doing nothing at Dunton Green except a little tailoring. "It ithn't the thmart plathe I thought it wath, and what I get ithent thkarthely worth having," he said, "tho that if it ith any convenienth to you for uth to come. . . . " And in a week Mr. and Mrs. Skinner were installed in the farm, and the jobbing carpenter from Hickleybrow was diversifying the task of erecting runs and henhouses with a systematic discussion of Mr. Bensington.

"I haven't theen much of 'im yet," said Mr. Skinner. "But as far as I can make 'im out 'e theems to be a thtewpid o' fool."

"I thought 'e seemed a bit Dotty," said the carpenter from Hickleybrow. *"E* fanthieth 'imself about poultry," said Mr. Skinner. *"O* my goodneth! You'd think nobody knew nothin' about poultry thept 'im."

"E looks like a 'en," said the carpenter from Hickleybrow; "what with them spectacles of 'is."

Mr. Skinner came closer to the carpenter from Hickleybrow, and spoke in a confidential manner, and one sad eye regarded the distant village, and one was bright and wicked. "Got to be meathured every blethed day — every blethed 'en, 'e thays. Tho as to thee they grow properly. What oh . . . eh? Every blethed 'en — every blethed day."

And Mr. Skinner put up his hand to laugh behind it in a refined and contagious manner, and humped his shoulders very much — and only the other eye of him failed to participate in his laughter. Then doubting if the carpenter had quite got the point of it, he repeated in a penetrating whisper; "*Meathured*!" "'E's worse than our old guvnor; I'm dratted if 'e ain't," said the

""E's worse than our old guvnor; I'm dratted if 'e ain't," said the carpenter from Hickleybrow.

II.

Experimental work is the most tedious thing in the world (unless it be the reports of it in the *Philosophical Transactions*), and it seemed a long time to Mr. Bensington before his first dream of enormous possibilities was replaced by a crumb of realisation. He had taken the Experimental Farm in October, and it was May before the first inklings of success began. Herakleophorbia I. and II. and III. had to be tried, and failed; there was trouble with the rats of the Experimental Farm, and there was trouble with the Skinners. The only way to get Skinner to do anything he was told to do was to dismiss him. Then he would nib his unshaven chin — he was always unshaven most miraculously and yet never bearded — with a flattened hand, and look at Mr. Bensington with one eye, and over him with the other, and say, "Oo, of courthe, Thir — if you're *theriouth*!"

But at last success dawned. And its herald was a letter in the long slender handwriting of Mr. Skinner.

"The new Brood are out," wrote Mr. Skinner, "and don't quite like the look of them. Growing very rank – quite unlike what the similar lot was before your last directions was given. The last, before the cat got them, was a very nice, stocky chick, but these are Growing like thistles. I never saw. They peck so hard, striking above boot top, that am unable to give exact Measures as requested. They are regular Giants, and eating as such. We shall want more com very soon, for you never saw such chicks to eat. Bigger than Bantams. Going on at this rate, they ought to be a bird for show, rank as they are. Plymouth Rocks won't be in it. Had a scare last night thinking that cat was at them, and when I looked out at the window could have sworn I see her getting in under the wire. The chicks was all awake and pecking about hungry when I went out, but could not see anything of the cat. So gave them a peck of corn, and fastened up safe. Shall be glad to know if the Feeding to be continued as directed. Food you mixed is pretty near all gone, and do not like to mix any more myself on account of the accident with the pudding. With best wishes from us both, and soliciting continuance of esteemed favours, "Respectfully yours,

"ALFRED NEWTON SKINNER."

The allusion towards the end referred to a milk pudding with which some Herakleophorbia II. had got itself mixed with painful and very nearly fatal results to the Skinners.

But Mr. Bensington, reading between the lines saw in this rankness of growth the attainment of his long sought goal. The next morning he alighted at Urshot station, and in the bag in his hand he carried, sealed in three tins, a supply of the Food of the Gods sufficient for all the chicks in Kent.

It was a bright and beautiful morning late in May, and his corns were so much better that he resolved to walk through Hickleybrow to his farm. It was three miles and a half altogether, through the park and villages and then along the green glades of the Hickleybrow preserves. The trees were all dusted with the green spangles of high spring, the hedges were full of stitchwort and campion and the woods of blue hyacinths and purple orchid; and everywhere there was a great noise of birds —