

$f^N$ 

A

S Q

VC

A close-up profile of a woman's face, showing her nose and red lips. A stream of white, three-dimensional letters is flowing out of her mouth, curving upwards and to the left. The letters include 'K', 'r', 'I', 'A', 'N', 'q', 'v', 'y', 'c', 'B', 'a', 'f', 't', 'f', 'y', 't', 'G', 'Z', 's', 'H', 'w', 'L', 's', 'G', 'v', 'c', 'B', 'a', 'A', 's', 'w'. The background is a dark, textured grey.

A woman with long dark hair, wearing a white shirt, is shown in profile, looking upwards and to the left. Her mouth is slightly open as if she is speaking or about to speak. Surrounding her head and floating in the air are various letters and symbols, including 'K', 'r', 'I', 'A', 'c', 'B', 'a', 'f', 'N', 't', 'f', 'y', 'r', 'v', 'A', 's', 'w', 'H', 'w', 'L', 'S', 'G', 'v', 'B', 'a', 'A', 's', 'w', 't', 'G', 'Z', 's', 'K', 'H', 'f', 'B', 'w', 's', 'M', 'A', 'I', 'v', 't', 's', 'A', 'I', 'v'. The letters are in different fonts and sizes, creating a sense of movement and thought. The background is a dark, textured grey.

**DISRUPT  
EVERYTHING!**

**HOW BELIEVE SHAPES OUR WORLD,  
POINTS OF VIEW & MEANINGS AND  
WHAT WORDS GOT TO DO WITH IT!**

**BERNADETTE BRUCKNER MSC**

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**HEALTH FRAMING - MY RESEARCH TRIP AND DOCTORAL THESIS  
ABOUT HEALTHY COMMUNICATION IN THE MEDICAL CONTEXT**



**MAG.A BERNADETTE BRUCKNER**

*"When I began to realize that with my thoughts and words  
I have helped shape the world today,  
I've changed the way I communicate with myself and others.  
Today I know: I am a creator - with myself and my environment.  
I am jointly responsible for the world of today and  
"create peace, love, wisdom and freedom. Bernadette*

*For all living beings of this world, remember  
what Peter Pan once said:  
"One good thought and you can fly! Two good  
thoughts and you change your & the world!"*

*For all those who wish to (re)remember who we truly are:  
Equal parts Light. Love. Wisdom. Freedom.  
Ana lux.amor.sophia.libertas.*

*Simple. Effective. Life-changing.*

*[www.bernadettebruckner.com](http://www.bernadettebruckner.com)*