

LEARNING MADE EASY



2nd Edition

Parakeets

for
dummies[®]
A Wiley Brand



Determine if a parakeet
is right for your home

Engage your bird's natural
instincts with the right toys

Tame and train your parakeet
into a happy companion

Nikki Moustaki

*Author of Parrots For Dummies
and Finches For Dummies*



Parakeets

2nd Edition

by Nikki Moustaki

**for
dummies**
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Parakeets For Dummies®, 2nd Edition

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Parakeets For Dummies®

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Introduction

Many people remember having a parakeet when they were a kid, and many kids (and plenty of adults!) today either have one, want one, or will receive one as a gift. As a companion, the parakeet has it all. It's little enough for even the smallest apartment, is as affectionate as any lapdog, and can out talk even the largest of parrots. What more could you ask for?

About This Book

Parakeets For Dummies is for people interested in parakeets — whether you want to know more about parakeets before you acquire one, you have recently brought a parakeet (or two) into your home, you're a parent buying this book your child, or you're a young person buying it for yourself. Maybe you want to discover the essential scoop on getting your new bird set up properly, as well as general care information. Perhaps you simply need a refresher on the best way to take care of your feathered companion or want to understand it better and start some advanced training. Perhaps you're ready for a new bird but aren't sure if a parakeet is right for you and your family. If any of the above describes you, then you've come to the right place.

As you read, keep an eye out for text in *italics*, which indicates a new term and a nearby definition — no need to spend time hunting through a glossary. And monofont points out Web addresses for additional information worth checking out. You'll also run into a few sidebars (the occasional gray box); although the information in the sidebars is good, it's not essential to the discussion at hand, so skip 'em if you want to.

Foolish Assumptions

In writing *Parakeets For Dummies*, I made some assumptions about my readers:

- » You're one of the millions of people who wants a parakeet or who has a family member who wants one (or more) and you've come to this book to learn about their care and training.
- » You already have a parakeet, or two, or twenty, and you want to brush up on parakeet care and learn a few things that you don't already know.
- » Maybe you're a volunteer at a parrot shelter or rescue and you want to be able to educate your adopters more thoroughly.
- » Perhaps you want to begin breeding these popular little birds and want some information on how to make that process go smoothly.

Whatever the case, whether you're a newbie or a seasoned parakeet guardian, there's something in this book for you.

Icons Used in This Book

While reading *Parakeets For Dummies*, be on the lookout for these icons, sprinkled here and there:



TIP

This icon flags tips and tricks that will help you be the best parakeet pal you can be.



REMEMBER This icon points out information that's so important you'll want to be sure to remember it.



WARNING This icon highlights information on things that could harm you or your parakeet.



TECHNICAL STUFF This icon flags information that you can use to impress your friends with your amazing bird knowledge, but it isn't absolutely necessary, so don't feel the need to memorize it.

Beyond the Book

You can find a little more parakeet-related on <https://www.dummies.com/>, where you can peruse this book's Cheat Sheet. To get this handy resource, go to the website and type *Parakeets For Dummies Cheat Sheet* in the Search box.

Where to Go from Here

Parakeets For Dummies is a reference, so you don't have to read it in order from start to finish. Begin with [Chapter 4](#) if you need basic set-up information, flip to [Chapter 7](#) if you're trying to learn parakeet-ese, or head to [Chapter 2](#) if you're still undecided about adding a parakeet to your family. (Although if you prefer to start at the beginning and read until you reach the back cover, you're welcome to do so.)

Part 1

Introducing the Parakeet

IN THIS PART ...

Finding out if a parakeet is perfect for you

Preparing to bring your parakeet home

Feeding your parakeet properly

Chapter 1

Parakeets: More Than Just Pretty, Whistling Birds

IN THIS CHAPTER

- » Understanding what a parakeet is
 - » Telling the difference between the English budgie and the American parakeet
 - » Discovering the life of a wild parakeet
-

The word *parakeet* is a generic term for any smallish, slender bird in the parrot family that has a long, tapered tail. But when most people think “parakeet,” they think of the small, brightly colored bird common to most pet shops and to almost everyone’s childhood.

Parakeets are about 7 inches in length (with the English budgie at around 9 inches), and most of that length is taken up by the tail. This species, *Melopsittacus undulatus*, also called the *budgerigar* (*budgie* is its nickname), is found in large flocks in the grasslands of the Australian outback. The English budgie has the same Latin species name, even though it is much larger.

WHERE PARAKEETS COME FROM

Parakeets arrived in Europe around 1838, brought from Australia by British naturalist John Gould and his brother-in-law, Charles Coxen, who raised the first *clutch* (batch of babies). Europeans found that these birds were easy to breed, and wealthy people fell in love with them. They soon became popular in Germany, Belgium, France, and Holland.

A yellow mutation occurred in Belgium around 1875, leading to other color mutations, including olive, dark green, gray-green. Companion parakeets were simply green, as they are in the wild, until around 1881 when a Dutch bird keeper found a blue chick hatched in the nest boxes. This blue bird was responsible for other mutations: cobalt, mauve, slate, gray, and violet.

The parakeet arrived in America around the late 1920s, but didn't become popular as a companion until the 1950s. Today, there are hundreds of color mutations and variations. Even so, the most common colors are the most popular: green, blue, yellow, and white.

The American Parakeet versus the English Budgie

Though the American parakeet and the English budgie both got their start in Australia, the American parakeet is more similar to its wild cousin than the English budgie. The English budgie is what hobbyists call an *exhibition bird* or a *show budgie*, because it is often shown in large budgie shows (kind of like dog shows, but for birds). It's nearly twice the size of the American parakeet, and it claims its English name because the British, who received the exhibition size budgie from Western Europe, sent the exhibition budgie to America.

The English budgie is basically *domesticated*, which means that it has been changed from its wild form using selective breeding practices. This kind of selective breeding (choosing to breed only the animals that have desired traits so that the young will also have and pass on these traits to future generations) is what humans have done with dogs for thousands of years. (Notice how different dog breeds look so dissimilar from one another — it's hard to imagine that they all originated from a couple of species of wild dog.) Though no parrot is truly domesticated, the English budgie is the closest.

Though technically called the budgie, the terms *parakeet* and *budgie* are interchangeable (see [Figure 1-1](#)). Some people call the larger version of the parakeet the budgie and the smaller version the parakeet — but it really doesn't matter which term you use. For the purposes of this book, I refer to these little birds as parakeets. The basic differences are as follows:

- » **Size difference:** The American parakeet is smaller, thinner, and more streamlined than its British counterpart. The English show budgie is stately looking, with a full, prominent chest and forehead. Its eyes are barely evident and its beak is tucked into the feathers of its face. It is 8½ to 9½ inches long, whereas the American is about 7 inches long.



FIGURE 1-1: The English budgie (left, male) and American parakeets (right, female, male).

- » **Temperament:** The American parakeet is feistier than the English budgie and may be more active than its mellower cousin. Both birds are good companions. Whichever type you choose, you can tame the bird into a wonderful pal, or keep a pair to watch and add some liveliness to your home.
- » **Lifespan:** Lifespan is one of the primary differences between the parakeet and the budgie. The big English budgie lives about 7 to 8 years, and the American parakeet can live 14 years or more with the proper care.

The Anatomy of a Parakeet

Knowing your bird's anatomy will help you describe a problem to an avian veterinarian if you ever have to do so. You can also speak like an expert with other hobbyists. Here are the primary parts of your parakeet (see [Figure 1-2](#)):

- » **Crown:** The crown is the top of the head.
- » **Nares (nostrils):** The nares are at the top of the beak.
- » **Cere:** The *cere* is the fleshy area above the beak that contains the nostrils. It becomes blue in mature male parakeets, and brown in breeding condition females. When parakeets are young, it's white to light pink. The cere is a purplish-pink in males and a whitish-blue in females (when females are not in breeding condition).
- » **Beak:** The upper and lower *mandibles* (jaws) make up the parakeet's beak. The parakeet is classified as a

hookbill, meaning that the beak is shaped like a hook and is perfect for cracking seeds and breaking twigs.

- » **Ear:** Your parakeet has small flat holes for ears, and they're covered by thin feathers that protect the ear. This is why you can't see them unless your bird is wet.
- » **Eyes:** The parakeet's eyes are on either side of its head so that its field of vision is about 300 degrees. By contrast, a human's field of vision is about 120 degrees. This wider view of the world is because the parakeet is a prey animal and needs to be constantly on alert for predators. Parakeets, like many birds, have a third eyelid called a *nictitating membrane*, which is a thin, semitransparent lid that washes the eye like a squeegee and closes for protection.
- » **Throat:** The throat is just beneath the beak and extends to the breast.
- » **Nape:** The nape is the back of the neck.
- » **Shoulder:** The shoulder is at the top of the wing nearest the parakeet's back.
- » **Breast:** The breast is just below the throat.
- » **Foot:** Everything that most of us think of as a bird's leg is actually a bird's foot. That's why the "knee" appears to bend the wrong way — it's actually the bird's heel. The parakeet's foot is *zygodactyl*, meaning it has two toes in front and two in back, perfect for grasping and climbing.
- » **Vent:** The vent is where your bird eliminates. In a human, this would be a combined anus and urethra. Birds' urine is not separate from their droppings; urine is combined with the fecal portion of the dropping as a small wet outer ring.
- » **Primary feathers:** Parakeets have ten long primary wing feathers that aid in flight.

- » **Secondary feathers:** The secondary feathers on the wing occur after the primaries, closer to the body.
- » **Rump:** The rump is beneath the primary flight feathers on the parakeet's lower back.
- » **Mantle:** The mantle is the back area between the shoulders of the parakeet.
- » **Crop:** The crop is a sac-like organ that's kind of like a "first stomach." It's where the food goes immediately after being swallowed and is located at the top of the breast.
- » **Syrinx:** The syrinx is equivalent to vocal chords in humans. It allows parakeets to talk and vocalize when air is pushed through it.



FIGURE 1-2: All the parts of a healthy parakeet.

Chapter 2

Is a Parakeet Your Perfect Companion?

IN THIS CHAPTER

- » Understanding what a parakeet will bring to your life
 - » Knowing what parakeets need from you
 - » Figuring out whether you and a parakeet will be a good match
 - » Becoming a two-parakeet household
 - » Understanding what is involved in breeding
-

If you're trying to decide whether to bring a parakeet into your home, you've come to the right chapter. Even if you already have a parakeet, this chapter has something for you too. Here you'll figure out what to expect from a parakeet (from its bubbly personality to the dreaded messes it makes) and what your parakeet expects from you. I walk you through the challenges posed by children and companion animals (whether birds or cats or dogs). I also give you information on keeping more than one parakeet.

Knowing What to Expect from a Parakeet

As wonderful as they are, parakeets are still considered wild animals, just as are all companion parrots. Though