

DEEPAK
chopra

From the author of the
million-copy bestseller,

The Seven Spiritual Laws of Success

*The Seven Spiritual
Laws of Success for*

Parents

*Guiding Your Children to
Success and Fulfilment*

Contents

About the Book

About the Author

Also by Deepak Chopra

Title Page

Dedication

Praise

Introduction

PART ONE: Parenting and the Gift of Spirit

PART TWO: Practicing the Seven Spiritual Laws

CONCLUSION: The One Thing You Cannot Do Without

Acknowledgments

Copyright

About the Book

Deepak Chopra's *Seven Spiritual Laws of Success* have touched a chord around the globe because of their simplicity and truth. This book takes those laws one by one and explores the many ways parents can bring them into the lives of their children.

Explaining that success depends on who you are rather than on what you do, this world-renowned physician and author shows that spirituality lies at the source of all achievement in life. Suggesting ways that parents can help their children absorb this timeless wisdom from an early age, Deepak Chopra offers a daily programme of practical, thought-provoking ideas for the whole family to follow. In this way, parents can teach their children how to live in the most effortless, harmonious and creative way - and thus know true abundance throughout their lives.

DR DEEPAK CHOPRA is the bestselling author of twenty-one books, including *Ageless Body, Timeless Mind* and *The Path To Love*. He is Director of Educational Programmes at the Chopra Center for Well Being in La Jolla, California.

About the Author

Deepak Chopra, MD, has established a distinguished career as writer, lecturer and physician. He is the author of eighteen books and thirty tape series, including the breakthrough bestsellers *Ageless Body*, *Timeless Mind* and *The Seven Spiritual Laws of Success*. From 1996 he has headed the Chopra Center for Well Being in La Jolla, California.

Books by Deepak Chopra



Creating Health
Return of the Rishi
Quantum Healing
Perfect Health
Unconditional Life
Ageless Body, Timeless Mind
Journey into Healing
Creating Affluence
Perfect Weight
Restful Sleep
The Seven Spiritual Laws of Success
The Return of Merlin
Boundless Energy
Perfect Digestion
The Way of the Wizard
The Path to Love
Overcoming Addictions
Raid on the Inarticulate

The Seven Spiritual Laws of Success for Parents



Guiding Your Children to Success and
Fulfilment

Deepak Chopra



RIDER

LONDON • SYDNEY • AUCKLAND • JOHANNESBURG

To my wife, Rita;
to my children,
Mallika and Gautama;
and to my parents,
Krishan and Pushpa,
all of whom taught me
the true meaning of parenting

'Deepak Chopra's thoughts on spirituality and child rearing are original, profound and fascinating'

BENJAMIN SPOCK, MD

Introduction

After my book *The Seven Spiritual Laws of Success* was published, the response was immediate and very beautiful: thousands of people who read the book began to practice in their daily lives the principles that Nature uses to create everything in material existence.

In time I received requests from many of these people who also happened to be parents. Their requests took many forms, but they echoed a single theme: “As much as I have benefited from living these spiritual laws, I wish I had learned them years ago. The value of such principles as giving, having no resistance, and trusting in the universe to fulfill my desires seems obvious now, but it wasn’t at first. It was a struggle to break the destructive habits that I grew up with. As a parent I don’t want my own children to learn the same bad habits and later have to go through the same pain of having to change. How can I make sure that doesn’t happen?”

I wrote this new book to answer these requests, extending *The Seven Spiritual Laws* specifically to parents. It will show anyone who wants to interpret the spiritual laws for children how to do that in terms a child can understand and apply. My approach here is founded on the belief that every parent needs tools to raise children with a true understanding of the workings of Nature and consciousness.

Everyone in the world wants something; everyone in the world has desires. Children need to know, from the beginning, that desire is the most basic drive in human nature. It is the energy of the spirit. When we grow up and seek answers to profound questions or set out to solve