Chip, pitch, putt, and play bunkers like a pro—and shave strokes off your game!

# Golf's Short Game

DUMMES

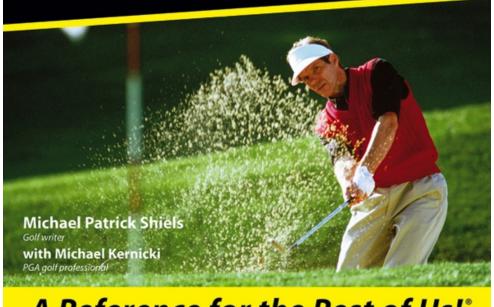


A Reference for the Rest of Us!®

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# Golf's Short Game

DUMMIES



A Reference for the Rest of Us!°

## Golf's Short Game For Dummies

## by Michael Patrick Shiels with Michael Kernicki



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### **About the Authors**

**Michael Patrick Shiels:** Michael Patrick Shiels displayed his woeful short game at courses around the world while maintaining his career as an international golf and travel writer. That is, until writing this book, during which his handicap improved five strokes.

Golf's Short Game For Dummies is his fifth book. The Los Angeles Times called his Good Bounces & Bad Lies, written with Emmy Award-winning golf announcer Ben Wright, "perhaps the best sports book ever," and a Washington Times review sardonically compared Shiels and Wright to Ernest Hemingway and F. Scott Fitzgerald. Shiels' first book, a biography of famed Detroit radio host J.P. McCarthy, was a regional bestseller that received praise from Jack Nicklaus, Larry King, and Frank Sinatra, Jr. Shiels also penned Works of Art: The Golf Course Designs of Arthur Hills.

His travel articles have appeared in publications such as Golf Magazine, Travel + Leisure Golf, www.pgatour.com, Sports Illustrated, Northwest World Traveler Magazine, Bermuda Royal Gazette, and the Honolulu Star Bulletin, and he's written scripts for The Golf Channel and ESPN. Shiels has traveled the world — from Thailand to the Middle East to his beloved ancestral Republic of Ireland in search of rich stories to tell. You can contact Michael at Mshiels@aol.com.

Michael Kernicki: A PGA member for over 25 years, Michael Kernicki has spent most of his career as a Head Golf Professional and General Manager at some of America's finest golf clubs. He was twice named Golf Professional of the Year by the Michigan PGA and has received other PGA awards. Kernicki has served as a member of the PGA of America National Board of Directors and on the Rules of Golf Committee, where he has administered the rules at 13 PGA Championships.

Noted for his knowledge of the golf swing, he has instructed at Teaching and Playing workshops around the country and has authored several articles about the golf swing and the short game.

Today Michael is the Head Golf Professional at one of the nation's most prominent country clubs, Indian Creek Country Club in Miami Beach, Florida. As a daily routine, Michael teaches the short game and the golf swing in the most simple and logical manner. His primary objective is for his students to enjoy the game while they improve and make golf a game for a lifetime.

### **Dedication**

**Michael Patrick Shiels:** To my eight-year-old son Harrison Ambrose Shiels, a giant-hearted little boy who, at the age of two, aced his first-ever hole of mini-golf at Pirate Golf on International Drive in Orlando.

**Michael Kernicki:** To my father, Walter Kernicki, for the tools you provided for golf and life.

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Pinehurst #2: Pinehurst, North Carolina

Stadium Course, TPC at Sawgrass: Ponte Vedra Beach, Florida

Ballybunion Old Course: County Kerry, Ireland

Threetops at Treetops Resort: Gaylord, Michigan

Strategic Fox, Fox Hills Golf Club: Plymouth, Michigan

Indian Creek Country Club: Miami Beach, Florida

The Ocean Course at Kiawah Island Golf Resort: Charleston, South Carolina

Augusta National Golf Club: Augusta, Georgia

Club de Golf Valderrama: San Roque, Cadiz, Spain

### Introduction

If we mention the term *professional golfer* to you, what image immediately comes to mind? Most likely you envision Tiger Woods taking a vicious swipe at the ball or Greg Norman bravely sweeping through the ball with his blonde locks flowing out from under his hat. You probably think of strong Tour players hitting big, booming drives that soar through the sky like guided missiles.

But even professional, tournament golf has an old and trusty adage: "You drive for show, but you putt for dough." Often you hear a player who wins a tournament say, "I won because the putts just started falling for me this week." No player ever won a tournament by hitting the ball the farthest from the tee. Players win tournaments at the opposite end of the hole — by hitting the ball close to the flagstick and making putts.

Take it from the pros: You can win more of your amateur tournaments and friendly matches by hitting the ball closer to the hole and giving yourself better chances to make putts. And you can improve your enjoyment of the game by improving your performance. An improved performance results in lower scores. And you can most immediately improve your performance and your scores by improving your short game.

Although most average players place a great deal of emphasis on how long a player can hit a golf ball, you use the driver from the tee only 14 times per round on a golf course. By contrast, you use your putter and short irons for as many as 50 percent of the total strokes. Players who strive to break 90 have a much better chance of realizing their goal if they come to the realization that they can save many, many more strokes by improving their short games instead of placing so much emphasis on the long ball. Chicks may dig the long ball, but as any dummy can tell . . .

The secret of golf satisfaction is in the short game.

## **About This Book**

Every player likes to bang the ball with a driver, just like the kid at the carnival who tries to hit the bell with the sledgehammer. But standing at the driving range and belting pills gets you one thing — blisters.

Tiger Woods and John Daly may slug majestic, rising drives over 300 yards, but the average player has trouble equaling that kind of prowess. For most of us, the short game is the great equalizer. Something that we can do as well as the pros. For all their power, long hitting players like Woods wouldn't be as successful without equally impressive short-game skills — skills that average players can, indeed, acquire. You've likely heard Woods being tagged with the best-short-game-on-the-planet

label, and if you've watched Daly, you've listened to announcers marvel at his touch around the greens. That part of their games you can emulate and even equal!

Convincing people to spend time at the practice green rather than the driving range is a tall order, but a spoonful of sugar can help the medicine go down, and we've written *Golf's Short Game For Dummies* to serve as an invigorating elixir for players seeking to improve their golf games.

Because many instructional books are as boring as the thought of practice itself, we wrote this book to entertain and excite you about developing and showing off your short game. Soon after you open the book and hit the practice facility, you can start winning bets and impressing your opponents.

This book details not only the specific types of shots and how to execute them but also relives stories of some of the greatest short game shots ever hit and shows you what you can learn from golf's biggest stars.

You find drills, tips, secrets, visualizations, and bits of advice that you can use immediately and that inspire you to go back to *Golf's Short Game For Dummies* time and time again for refreshers.

# Conventions Used in This Book

To help you navigate through this book, we use the following conventions:

- ✓ We use *Italic* for emphasis and to highlight new words or terms that we define in the text.
- ✓ We use **Boldfaced** text to indicate keywords in bulleted lists or the action part of numbered steps.
- ✓ We use Monofont for Web addresses.

### What You're Not to Read

We dedicate most of *Golf's Short Game For Dummies* to improving your play by improving your short game. We put some of the other historical asides and stories in sidebars throughout the book. You don't have to read these asides to understand the text, but you certainly can: Reading them may inspire you or provide you with some vivid examples to help your visualization.

## **Foolish Assumptions**

If you're reading this book, we assume you have more than a passing interest in golf and more than a little desire to refine your game and improve your scores. You probably have your own golf clubs and know the difference between a 9-iron and a 4-wood. You know what your favorite golf courses are and can recognize a tough hole or an easy green. You like to go out and play with some friends, and you want to get a competitive edge over them. You likely understand enough golf lingo to be able to handle any of the terms we use in this book.

If you're a true beginner, we can surely help you develop your short game. But you should also consider picking up *Golf For Dummies* (Wiley), written by Champions Tour player and CBS Television golf announcer Gary McCord. His text can familiarize you with the game and help if you're having trouble with golf shots outside of the short game.

# How This Book Is Organized

We organize *Golf's Short Game For Dummies* so that you can look through the table of contents and immediately find the help or instruction you need to hit a specific type of shot. If you have trouble with bunker shots, you can flip directly to the bunker shot chapter and read all about the technique and execution needed to play effectively from the sand. We lay out the basic nuts and bolts for you in plain "golf speak" (admittedly, a variation of English!).

You can also delve into discussions on equipment, strategy, unconventional shots, drills, practice techniques, and philosophies about the short game by turning to other chapters of the book. We have chapters that tell you which golf stars to emulate and what golf courses are best to test your short game on! You can even read about how to stretch and limber up properly before any round of golf or practice session.

### Part I: Walking the Short Game

Part I of *Golf's Short Game For Dummies* is all about reintroducing you to the short game. We show you that it doesn't have to be all that complicated. With some practice, you can begin knocking strokes off your score in no time by avoiding some common mistakes we all make. We also present a new way of thinking about the short game — broken down into two parts: fundamentals and preferences. We conclude Part I by dumping out that bag and taking a closer look at the golf clubs you use for short shots. The short game relies on fundamentals and preferences, and you have plenty of options in terms of clubs and equipment.

# Part II: The Long and Short of It: Short Game Technique

In this part, we present the technique and execution of the fundamentals of approach shots via the short game: chipping, pitching, bunker shots, and putting. This part spells out the basics and gives you the fundamental techniques you need to improve your short game. The good news is an effective short game isn't as tough to achieve as you may think. This part shows you why.

## **Part III: Short Game Strategies**

Part III reveals the strategies behind the fundamentals of chipping, pitching, bunker play, and putting and also gives you fixes if your game has gone astray. What should you be thinking when faced with a certain shot? Can you use a more effective variation of the shot? How can you putt more efficiently and take your green game to the next level? Should you hit the ball high or keep it low? What can choking down on a golf club do for you? How can you shape the shot and affect its outcome? What are some unconventional short-game shots you may encounter or unconventional techniques you may want to work into your repertoire? We have the answers. Also, you can meet the infamous flop shot and receive a host of tips and tricks for getting your mind right and your head in the game.