

International Perspectives on the Assessment and Treatment of Sexual Offenders

Theory, Practice, and Research

Edited by

**Douglas P. Boer (Senior Editor),
Reinhard Eher, Leam A. Craig,
Michael H. Miner, Friedemann Pfäfflin**

Contents

Cover

Title Page

Copyright

Dedication

About the Editors

List of Contributors

Poem by Moira Mpanza

Preface by William L. Marshall

References

Part I: Introduction to the International Field of Sexual Offender Assessment and Treatment

***Chapter 1: Adult Sexual Offender
Treatment - Is It Effective?***

References

Chapter 2: Adult Sexual Offender Assessment

Actuarial risk Assessment and Unstructured Clinical Judgment

Dynamic Risk Assessment and Criminogenic Need

Structured Clinical Assessment

Assessment of Risk Through Detailed Case Formulation (Functional Assessment)

SORC Assessment

Conclusions

References

Chapter 3: Female Sexual Offenders

Prevalence of Female Sexual Offending

Characteristics of Female Sexual Offenders
Offending Characteristics

Offending Process Among Female Sexual Offenders

Assessment of Risk and Treatment Needs
Treatment

Conclusion

References

Part II: Sexual Offender Assessment: Issues and Applications

Chapter 4: International Comparisons of the Validity of Actuarial Risk Tools for Sexual Offenders, with a Focus on Static-99

Introduction

Model of Risk Assessment

Consistency of the Outcomes

Consistency of the Propensities

Consistency of the Indicators

Empirically Testing the International

Generalizability of Static-99

Concluding Comments and

Recommendations

References

Chapter 5: Structured Professional Guidelines: International Applications

Introduction

Structured Professional Judgment (SPJ) - characteristics, strengths, and weaknesses

The Sexual Violence Risk-20 (SVR-20)

The Risk for Sexual Violence Protocol (RSVP)

The Assessment of Risk Manageability for Individuals with Developmental and Intellectual Limitations Who Offend - Sexually (ARMIDILO-S)

Conclusions and future directions for international research and practice

References

Chapter 6: Assessing the Risk of Child Sexual Abuse in Litigious Families in the Family Court

Part two: risk Assessment Structure

Part three: Development of a Structured Decision Making System

An Application of the Model: A Case Study of “Sarah”

Conclusion

Acknowledgment

References

Chapter 7: Phallometric Assessment of Sexual Arousal

Introduction

The Penile Plethysmograph and its Procedures

Psychometric Properties

Reliability

Validity

Ethical Considerations

Alternatives

Conclusion: Is there a Future?

References

Chapter 8: Proxy Measures of Sexual Deviancy

Introduction

DSM-IV-TR paraphilia diagnoses

Alternatives

**The nature of deviant sexual interest:
unusual versus illegal**

**The degree of deviant sexual interest: any
interest versus exclusive preference**

Summarizing on sexual deviance

Proxy measures of sexual deviance

Self-report measures

Risk assessment instruments

Implicit measures

Penile plethysmography

Viewing-time measures

Implicit Association Task, IAT

**Experimental proxy measures for sexual
deviance**

Conclusions

References

Chapter 9: Uses, Misuses, and Abuses of Risk Assessment with Sexual Offenders

Review of risk assessment instruments

Uses of risk assessment instruments

Misuses of risk assessment instruments

Abuses of risk assessment instruments

Conclusion: the future

References

Part III: Sexual Offender Treatment: Issues and Applications

Chapter 10: Theoretical Perspectives and their Practical Application for Assessment and Treatment of Sexual Offenders with an Intellectual Disability

Theories of Sex Offending

**The Ward and Hudson Self-Regulation
Pathways Model**

**The Good Lives Model of Offender
Rehabilitation**

**A Theory and Model for Treatment in Sex
Offenders with Intellectual Disabilities**

Counterfeit Deviance

**Quality of Life and Community Engagement
in Sex Offenders with ID**

Conclusions

References

Chapter 11: Development and Evaluation of a Treatment Program for Incarcerated Rapists in South Africa

Introduction

Rape in a South African context
Treatment in a Prison Context
Developing a Treatment Program for
Incarcerated Rapists
Methods
Target Group
Motivation for Models Used to Develop the
Program
The Total Transformation Management
Process
Results Obtained from Utilizing the Total
Transformation Management Process as a
model
Program Evaluation
Results Obtained from Utilizing the
Interchange Cycle as a Model
Conclusions
References

Chapter 12: The Danish Sexual Offender Treatment and Research Program (DASOP)

Introduction
History of the Treatment of Sexual
Offenders
Treatment Order for Sexual Offenders
Treatment as an Alternative to
Imprisonment
Treatment as a Supplement to
Imprisonment

The Treatment
Research Results
Conclusion: New Initiatives
References

Chapter 13: Multisystemic Therapy with Juvenile Sexual Offenders: Development, Validation, and Dissemination

Introduction
Empirical Foundations of MST
Theoretical Foundations of MST
Clinical Foundations of MST
*Clinical and Cost Effectiveness of MST with
juvenile sexual offenders*
*Dissemination of MST for juvenile sexual
offenders*
*Implications for the Development of
Effective Treatments for Juvenile Sexual
Offenders*
Conclusion
References

Chapter 14: Risk, Needs, and Responsivity Principles in Action: Tailoring Rapist's Treatment to Rapist Typologies

Metaanalytic Rapist Treatment Research
Rapist Heterogeneity

Rapist Classification Typologies
The Massachusetts Treatment Centre
Revised Rapist Typology Version 3
Targeting Rapist Treatment
A New Zealand example: The Adult Sex
Offender Treatment Program (ASOTP)
Risk-Need-Responsivity
Cognitive Distortions: An example of
treatment applications
Conclusion
References

Chapter 15: The Importance of **Contextual Issues within Sexual** **Offender Treatment**

Treatment Intensity or Dosage
Use of Therapeutic Communities (TC)
Group Versus Individual Therapy
Closed Versus Rolling Group Formats
Group Composition
Therapist Issues
Use of Preparatory and Maintenance
Programs
Conclusions
References

Chapter 16: The Role of Culture in **Sexual Offender Rehabilitation: A** **New Zealand Perspective**

What Do We Mean By “Culture”?
**What Does Culture Have to Do with Sexual
Offender Rehabilitation?**
Culture-Informed Therapy
**Practice Issues with Culture and Offender
Rehabilitation**
Practice Considerations
Summary
Acknowledgments
References

Chapter 17: Managing Sexual Offender Treatment Programs

Introduction
**Managing Implementation of the Risk,
Need, and Responsivity Principles**
Managing Staff
**Managing the Agency and Other
Stakeholders**
Managing Monitoring and Evaluation
Conclusions
References

Chapter 18: Denial of Sexual Crimes: A Therapeutic Exploration

Introduction
Denial As a Strategy
Denial As a Possible Risk Factor
Denial and Treatment Considerations

**Disclosure and The Importance of Honesty
in Treatment**

Management Techniques

Conclusions

References

Chapter 19: Motivational Interviewing in the Treatment of Sexual Offenders

Introduction

Motivational Interviewing

Basic Principles of MI

OARS: The basic skill set

Pitfalls to Avoid

Conclusion

References

Chapter 20: Disclosing the Secret: Working with Families around Sexual Abuse Victimization

Introduction: Defining “secrets”

Secrets and Sexual Abuse

Secrets and Shame

Case Studies

Conclusion

References

Chapter 21: Pharmacotherapy of Sexual Offenders and Men who are at Risk of Sexual Offending

Introduction

Methodological Problems

Treatment with a Selective Serotonin

Reuptake Inhibitor (SSRI)

Other Nonhormonal Agents

Testosterone Lowering Agents

Recommendations for a Pharmacological

Treatment in a Comprehensive Treatment

Plan

Conclusions

References

Chapter 22: Bringing “Good Lives” to Life: Applying Social Therapy to Working with Sexual Offenders

Introduction

**Theoretical Frameworks for Sexual Offender
Rehabilitation**

**Application of the GL framework to sex
offender rehabilitation modalities**

Social therapy with Sexual Offenders

**Attempts to Conceptualize Engagement and
Therapeutic Alliance with Offenders**

Social Therapy in Practice

Conclusions

Acknowledgment

References

Chapter 23: Axis I Mental Health Disorders and Sexual Offending

Introduction

Prevalence

Relevance

Contributing Risk Factors

Interventions

Conclusion

References

Chapter 24: Sexual Offending in Psychotic Patients

Introduction

Psychodynamic and Neurobiological Perspectives

Psychopathology

Psychotic Patients - Early Life Experiences

Preexisting Paraphilia

Positive and Negative Symptoms of Schizophrenia in Sexual Offenders

Sexual Functioning and Violence

Treatment

Conclusions

References

Chapter 25: Forensic-Psychiatric Treatment for Internet Sex Offenders: Ten Years of Experience

Why Should we Treat Internet sex offenders?

Differential Diagnosis

Admission to Therapy

Initial Risk Assessment

Indication/Motivation for Therapy

Therapy of Internet Sex Offenders

Intimate Partners

Conclusion: Implications for the Future

References

Chapter 26: Just an Incest Offender?

Introduction

Problems Arising

Possible Explanations

Conclusions: Suggestions for the Future

References

Chapter 27: The Internet and Sexual Offending: An International Perspective

Introduction

Problematic use of the Internet

Internet Sexual Offenses

Law Enforcement Response and Policing Issues

Offense Patterns and Offender Characteristics

Directions for Future Research

Summary and Conclusions
References

Chapter 28: Sexual Abuse in the Catholic Church and Other Youth-Serving Organizations

Research Prior to the Abuse Crisis in the Catholic Church

Major Examinations of the Problem to Date

Purported Causes of Abuse

Characteristics of Clergy Abusers

Future Research Directions

Conclusions

References

Chapter 29: American Sexual Offender Castration Treatment and Legislation

Scope of the Problem

Recidivism

History of Chemical Castration

Evolution of American legislative policy

Ethical Considerations

Types of Chemical Castration

Paraphilias

Pedophilia

Rape

Treatment of the Sex Offender

Conclusion

References

Part IV: Human Rights and Ethical Issues

Chapter 30: Ethical Issues Regarding the Implementation of Sex Offender Treatment in Brazil

A Case Example

Is Pedophilia an Illness?

Is Confidentiality During the Treatment Possible and Based on Ethical Principles?

Are Therapeutic Programs Effective Enough to Control Sexually Aggressive Behavior?

Is Hormonal Treatment (“Chemical Castration”) for Pedophilia Ethically Acceptable?

Conclusion

References

Chapter 31: Community Protection from Sexual Violence: Intended and Unintended Outcomes of American Policies

History of US community protection policies

Sex Offender Policies in Other Countries

Do these laws work to prevent repeat offending?

**The Effectiveness of Sex Offender
Registration and Notification
Unintended Consequences of SORN policies
and residence restrictions
Conclusion: Implications for Policy and
Practice
References**

Chapter 32: Human Rights Issues in Sexual Offender Risk Assessment

**Human Rights Issues in Community
Protection Legislation
Risk Assessment Measures
Optimal Accuracy
Actual Accuracy: observations on practice
Risk Assessment Reporting
Individual Risk from Group Data
Conclusions and Recommendations
Acknowledgment
References**

Chapter 33: Morality and Legality in the Use of Antiandrogenic Pharmacotherapy with Sexual Offenders

**The Ethical/Moral Issues
Legal Issues
Human Rights Law
Conclusions**

References

Part V: Future Directions

Chapter 34: The Role of the International Association for the Treatment of Sexual Offenders (IATSO) in International Public Policy and Practice

How IATSO Started

Aims and Activities of IATSO

Reflections on the Increasing Public Attention of Sexual Offences

Political Aspects

Conclusion

References

Chapter 35: Dealing with Missing Data: The Promise of Dunkelfeld Research with Sexual Offenders against Minors

Dunkelfeld Research

The Berlin Prevention Project Dunkelfeld Research and Treatment with Dunkelfeld Offenders: what can We Learn?

Concluding Recommendations

Acknowledgements

References

Chapter 36: The Future of Sexual Offender Treatment Programs

Where Do We Come From? What Are We?

Where Are We Going?

Process and Motivational Issues

Strength-Based Approach

Cognitions, Behaviors, and Emotions

Integrating Pharmacological Strategies

Assessment of Treatment-Induced Changes

Treatment Outcome Evaluation

Conclusions

References

Index

International Perspectives on the Assessment and Treatment of Sexual Offenders

Theory, Practice, and Research

Edited by Douglas P. Boer (Senior Editor),
Reinhard Eher, Leam A. Craig, Michael H. Miner,
and Friedemann Pfäfflin

 **WILEY-BLACKWELL**

A John Wiley & Sons, Ltd., Publication

This edition first published 2011

©2011 John Wiley & Sons Ltd.

Wiley-Blackwell is an imprint of John Wiley & Sons, formed by the merger of Wiley's global Scientific, Technical, and Medical business with Blackwell Publishing.

Registered Office

John Wiley & Sons Ltd, The Atrium, Southern Gate,
Chichester, West Sussex, PO19 8SQ, UK

Editorial Offices

The Atrium, Southern Gate, Chichester, West Sussex, PO19
8SQ, UK

9600 Garsington Road, Oxford, OX4 2DQ, UK

350 Main Street, Malden, MA 02148-5020, USA

For details of our global editorial offices, for customer services, and for information about how to apply for permission to reuse the copyright material in this book please see our website at www.wiley.com/wiley-blackwell.

The right of Douglas P. Boer, Reinhard Eher, Leam A. Craig, Michael H. Miner, and Friedemann Pfäfflin to be identified as the authors of the editorial material in this work has been asserted in accordance with the UK Copyright, Designs and Patents Act 1988.

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, except as permitted by the UK Copyright, Designs and Patents Act 1988, without the prior permission of the publisher.

Wiley also publishes its books in a variety of electronic formats. Some content that appears in print may not be available in electronic books.

Designations used by companies to distinguish their products are often claimed as trademarks. All brand names and product names used in this book are trade names, service marks, trademarks or registered trademarks of their respective owners. The publisher is not associated with any product or vendor mentioned in this book. This publication is designed to provide accurate and authoritative information in regard to the subject matter covered. It is sold on the understanding that the publisher is not engaged in rendering professional services. If professional advice or other expert assistance is required, the services of a competent professional should be sought.

Library of Congress Cataloging-in-Publication Data

International perspectives on the assessment and treatment of sexual offenders: theory, practice, and research / edited by Douglas P. Boer . . . [et al.].

p. cm.

Includes index.

ISBN 978-0-470-74925-8 (cloth)

1. Sex offenders. 2. Sex offenders--Psychology. 3. Sex offenders--Rehabilitation. 4. Sex offenders--Research. I. Boer, Douglas Peter, 1956-

HQ71.I58 2011

364.15'3-dc22

2010039785

A catalogue record for this book is available from the British Library.

This book is published in the following electronic formats:
ePDF 9781119990437;

Wiley Online Library 9781119990420

Dedication

This book is dedicated to those individuals who have helped to pioneer sexual offender treatment around the world – “advocating for humane, dignified, compassionate, ethical, and effective treatment of sex offenders.”

About the Editors

**Douglas P. Boer, Ph.D.,
R.Clin.Psych., Associate
Professor of Clinical Psychology,
The University of Waikato,
Hamilton, New Zealand**

Dr Boer began working at the University of Waikato in January of 2006. Prior to that, he worked for the Correctional Service of Canada for 15 years in a variety of contexts including sex offender therapist, treatment program director, senior, and regional psychologist. He has also published a number of articles and structured clinical guideline manuals for use with sexual offenders, most notably helping to coauthor the Sexual Violence Risk - 20 (the SVR-20) and the Assessment of Risk and Manageability of Intellectually Disabled Individuals who Offend-Sexually (the ARMIDILO-S).

Dr Boer continues to publish and present in the area of risk assessment and management of offenders. He is the New Zealand editor of the journal "Sexual Abuse: Australia, New Zealand" and serves on several other editorial boards, including the IATSO e-journal "Sex Offender Treatment," "The Journal of Aggression, Conflict and Peace Research," and the "British Journal of Forensic Practice."

Finally, Dr Boer remains active as a clinician and assessor, working primarily with multidiagnosed and/or brain-damaged intellectually-disabled offenders.

Email: drdoug@waikato.ac.nz

Reinhard Eher, MD, Professor for Forensic Psychotherapy at the Medical University in Ulm, Germany

Reinhard Eher was born in 1963 in Vienna, Austria and is a psychiatrist and clinical psychotherapist. He is the founder of the Violence Research and Prevention Centre in Vienna, an institution which runs several inpatient and outpatient treatment programs and facilities for convicted sexual and violent offenders. Reinhard Eher is also a cofounder of the International Association for the Treatment of Sexual Offenders (IATSO) and its present secretary general.

Since 2001 he has been the head of the Federal Evaluation Centre for Violent and Sexual Offenders in the Austrian prison system in Vienna, Austria. He is consulting editor of the Journal of Offender Therapy and Comparative Criminology and editor of the IATSO online-journal www.sexual-offender-treatment.org. He has written several original research papers and given numerous presentations on national and international conferences, mainly about sexual abusive behavior.

Email: reinhard.eher@iatso.org

**Leam A. Craig, BA (Hons), MSc,
PhD, CSci, AFBPsS, EuroPsy,
C.Psychol Forensic Psychology
Practice Ltd, The Willows Clinic,
Boldmere, Sutton Coldfield, UK**

Dr. Craig is a Consultant Forensic Clinical Psychologist and Partner at Forensic Psychology Practice Ltd. He is a Chartered and Registered Psychologist, a Chartered Scientist and Registered European Psychologist. He acts as an expert witness to civil and criminal courts in the assessment of sexual and violent offenders. His clinical practice includes services to NHS Adult Mental Health Trusts, consultancy to Prison and Probation Services and as a Consultant Lead to three community hospitals for people with intellectual disabilities and challenging behaviors.

He has over 70 publications including three books; *Assessing Risk in Sex Offenders: A Practitioners Guide* (2008), *Assessment and Treatment of Sex Offenders: A Handbook* (2009), and *Assessment and Treatment of Sexual Offenders with Intellectual Disabilities: A Handbook* (2010). He is currently working on *Assessments in Forensic Practice: A Handbook* with Professors Kevin Browne and Anthony Beech. He sits on the editorial boards of a number international journals including: *Journal of Sexual Aggression*, *Journal of Aggression, Conflict and Peace Research*, *International Journal of Offender Therapy and Comparative Criminology*, and *The Open Criminology Journal*. He is an Honorary Senior Research Fellow at the Centre for Forensic and Criminological Psychology, University of Birmingham, UK.

Email: LeamCraig@forensicpsychology.co.uk

**Michael H. Miner, Ph.D., L.P.,
Program in Human Sexuality,
Department of Family Medicine
and Community Health,**

University of Minnesota, Minneapolis, MN

Dr. Miner received his PhD. in Psychology from St. Louis University, Missouri. He is currently Professor of Family Medicine and Community Health. Dr. Miner began his work in sex offender treatment in 1986 as the research psychologist for California's Sex Offender Treatment and Evaluation Project and joined the faculty of the University of Minnesota's Program in Human Sexuality (PHS) in 1992. Dr. Miner coordinated sex offender treatment at PHS until 2008 and currently coordinates forensic assessment services. He is also the co-Principal Investigator on a multistate investigation of actuarial risk prediction and offense-based classification systems funded by the US National Institute of Justice.

His current research focuses on the influence of attachment theory and social competence on sexually abusive behavior in adolescent males. He has published numerous articles and chapters on the characteristics of juvenile sexual offenders, sex offender treatment, and the measurement of criminal behavior. Dr. Miner has developed measures of compulsive sexual behavior and coping skills, and published articles on the validity of widely used forensic measures. He serves on the Executive Board of the Association for the Treatment of Sexual Abusers and was Vice President of the International Association for the Treatment of Sexual Offenders until September 2008.

Email: Miner001@umn.edu

**Friedemann Pf äfflin, Prof. Dr.
med., Department of Forensic
Psychotherapy, University Clinic**

for Psychosomatic Medicine and Psychotherapy, Ulm University, Ulm, Germany

Dr. Pfäfflin is Professor of Forensic Psychotherapy, Consultant in Psychiatry, Forensic Psychiatry, Psychosomatic Medicine and Psychotherapy. Until his retirement in September 2010, he was the director of the Department of Forensic Psychotherapy at Ulm University. From 1978 to 1992 he had worked at the Department of Sex Research at the Psychiatric University Clinic in Hamburg.

He was the founding president of IATSO and held the position of president for 10 years. He is a past president of The International Association for Forensic Psychotherapy (IAFP) and of The Harry Benjamin International Gender Dysphoria Association, Inc., now called the World Professional Association for Transgender Health (WPATH). He has authored, edited and coedited some 20 books and authored and coauthored more than 350 articles and chapters with an emphasis on sex offender treatment, court expertise in cases of sex offenders as regards legal responsibility and prognosis, on the history of psychiatry during Nazi times, and on legal and treatment issues of transsexualism and transgenderism.

Email: friedemann.pfaefflin@uni-ulm.de

List of Contributors

Arthur Guerra de Anrade, Department of Psychiatry of ABC Medical School, Santo André, Brazil; Department of Psychiatry of the University of São Paulo, Brazil

A. Scott Aylwin, Phoenix Program, Alberta Hospital Edmonton, Canada

Danilo Antonio Baltieri, Department of Psychiatry of ABC Medical School, Santo André, São Paulo, Brazil

Daan van Beek, Van der Hoeven Forensic Institute, Utrecht, The Netherlands

Lorinda Bergh, Department of Correctional Services, South Africa

Wolfgang Berner, Institut für Sexualforschung und Forensische Psychiatrie, Universitätsklinikum Hamburg-Eppendorf, Hamburg

Annalese Bolton, New South Wales Department of Community Services, Australia

Charles M. Borduin, University of Missouri-Columbia, Columbia, MO 65201, US

Peer Briken, Institut für Sexualforschung und Forensische Psychiatrie, Universitätsklinikum Hamburg-Eppendorf, Hamburg

Elena del Busto, Main Line Health Psychiatric Associates, Bryn Mawr Hospital, Bryn Mawr

Emma Collins, LSC Psychology, New South Wales

Franca Cortoni, School of Criminology, Université de Montréal, Canada

Els Van Daele, I.T.E.R. - Centrum voor Daderhulp, Brussels, Belgium

Volker Dittman, Naturhistorisches Museum Basel, Switzerland

Rudolf Egg, Kriminologische Zentralstelle e.V. Germany