

PRACTICAL APPLICATIONS OF COACHING AND MENTORING IN DENTISTRY

JANINE BROOKS | HELEN CATON-HUGHES



WILEY Blackwell

Practical Applications of Coaching and Mentoring in Dentistry

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Dedication

We would like to dedicate this book to all the hard working dental professionals who have successfully completed their post graduate qualifications in coaching and mentoring with Dental Coaching Academy. Their commitment to their profession, their own learning and development, and to coaching and mentoring has been an inspiration to us both, thank you.

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Janine Brooks MBE, DMed Eth, MSc, FFGDP(UK), MCDH, DDPH(RCS), BDS, FAcadMed, is CEO of Dentalia Coaching and Training Consultancy; Director of the Dental Coaching Academy; Co-founder of Dental Mentors UK; a private Coach and Mentor (Remediation, Career and Personal Development), Educational Associate and Registration Assessment Panelist for the General Dental Council; Trustee of the Dentists' Health Support Trust; Coach for the Professional Support Unit, Thames Valley; Expert Witness; Lead Clinical Tutor at the University of Bristol (BUOLD programme) and Honorary Fellow, Society of British Dental Nurses.

Janine enjoys a portfolio career working across a number of roles and organisations. Themes running through her work include education, mentoring and coaching. She launched my own coaching and training consultancy, Dentalia, in July 2011, providing coaching and mentoring to dental professionals and a broad range of education and training topics. She writes extensively and has published several books, plus a number of articles and papers over the years.

Helen and Janine along with their partner Bob launched a Post Graduate Certificate and a Post Graduate Award in Leadership Coaching and Mentoring in 2016. Over 60 dental professionals have successfully completed their qualifications to date.

Janine qualified from University of Birmingham dental school in 1983 and spent 19 years working as a Community Dentist in Herefordshire and Warwickshire before taking on national roles. Her main interests lie in bio ethics, professionalism, leadership in dentistry and mentoring.

Helen Caton-Hughes, MA, DipM, PCC, is an author, coach and founder of the Forton Group of companies. She combines her interest in health and wellbeing with leadership development and coaching. Her books include 'The Fertility Plan' and 'No Cape Required: empowering abundant leadership' (co-written with Bob Hughes).

Independent quality standards and a clear evidence base matter to her and Helen is an assessor for the International Coach Federation and a coach supervisor and mentor.

As a leadership, career and business coach, Helen works across the spectrum of health management, business development and marketing, with leaders from the private, public and humanitarian sectors and with their teams. Her clients include the UN, financial services and the UK National Health Service and leaders in fast growing technology companies, humanitarian organisations and logistics.

As a pioneer in digital business, Helen has built her own organisation based on flexible working patterns, digital technologies and self-paced remote learning. Equally at home in the classroom, Helen enjoys encouraging her students to discover their strengths, build their confidence and grow their careers as a result.

Helen's research includes youth volunteering, care home quality and the impacts of coaching on organisations. It's important to her that research findings get turned into actionable steps and, as a result, she designs training courses, including Post-Graduate programmes in leadership, coaching and mentoring, team-coaching and training in coach-mentoring and supervision. Helen also led the team that achieved the first International Coach Federation accredited programme to focus on leadership coaching.

Strongly committed to diversity, Helen works internationally, and inspired the development of abundant leadership, building on peoples' diverse strengths and talents, as well as their culture and values.

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